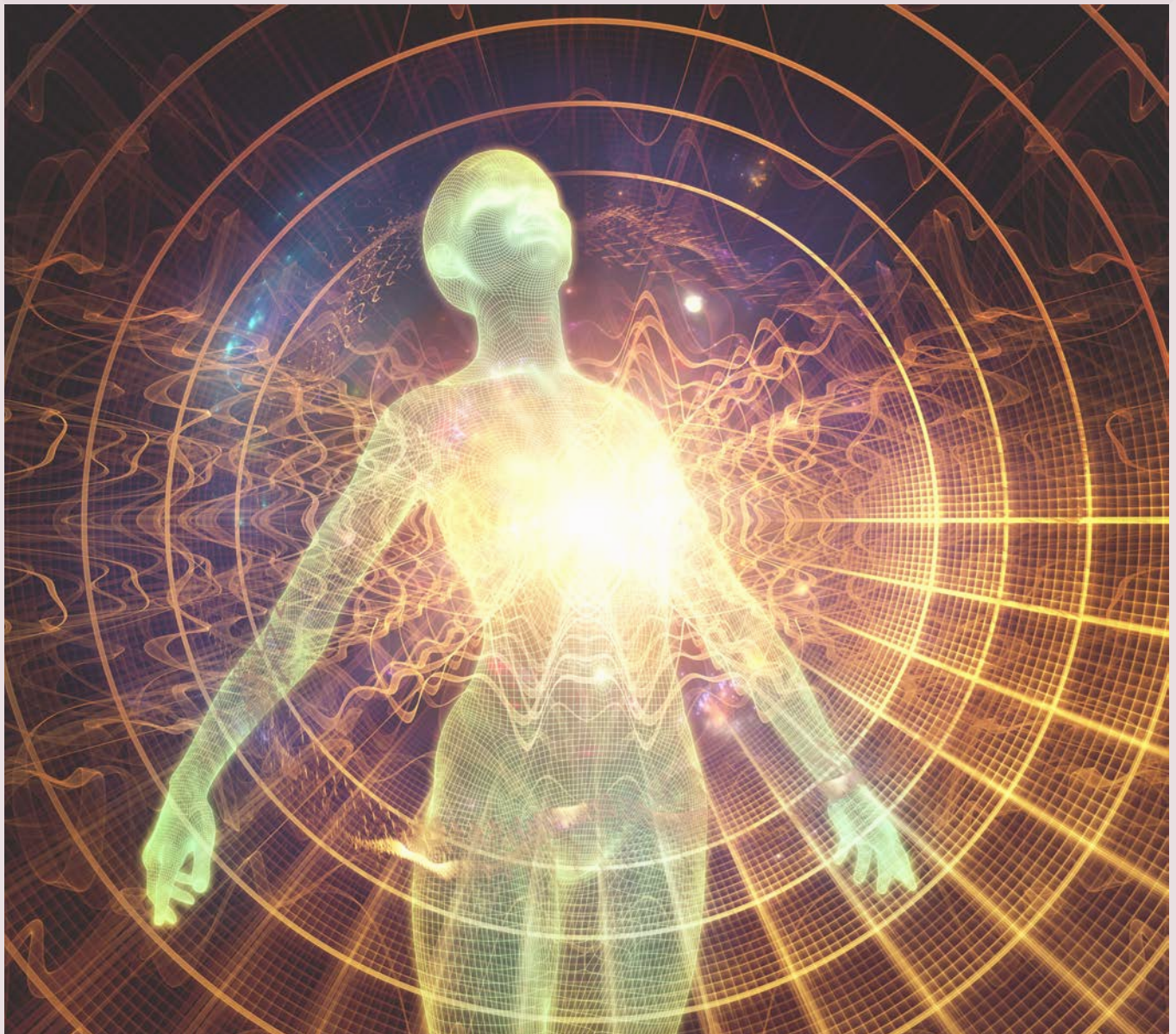


YOUR GUIDEBOOK TO A CAREER IN HOLISTIC HEALTH

*Homeopathy, Naturopathy, Nutrition and Holistic
Counseling within a Complete System*



MICH The School of Natural Health
Facilitating Holistic Consciousness

Welcome!

If you are reading this guidebook it is because you are wanting to change your career, perhaps even your life. Whether it is life circumstances or the internal clamblings of your soul that are bringing you here, you know it's time to do something different.

It can be daunting to know how to proceed on your new path.

We have over 25 years of experience training people to work as natural health therapists, so we have come to know what it takes to be a competent, successful and accomplished practitioner. This is what we want to share with you and why we have created this guidebook for you.

*Where your talents and the needs of the world
cross; there lies your vocation.*

Aristotle

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There are jobs and there are vocations.

The word vocation is from the 1400's; originated from the Latin *vocātiō*, meaning "a call". This guide is for those who have "a calling" to follow a vocation, and not just change jobs. We experience our vocation as a sacred journey. When something is a vocation, you don't really make a decision about it, you know your vocation by the joy that it brings you.

What is really wonderful is that the joy you get from your vocation keeps you motivated, inspired and nourished: the keys to accomplishment and success are built-in.

The secret of success is making your vocation your vacation.
Mark Twain

Is this the right vocation for me?

We have prepared a short questionnaire for you to find out (on the next page). On the pages following the questionnaire are important considerations for you to take into account as you prepare for this change. Even if you are already considering coming to MICH right now, we want to ensure that studying at MICH, and the vocation it provides is right for you.

We assume that you want to make a change for the better, you want to listen to your heart and live your dream, but also take a path that will have positive practical outcomes. How can you be sure that the path you choose will bring both success and satisfaction?

What do I need to be successful?

No matter what the profession, in order for a career path to be successful it must fulfill the following requirements:

1. It must begin with YOUR SENSE OF PURPOSE. You should enjoy what you do, it should nourish you. If the chosen career path aligns with your individual purpose you will have a clear vision and be motivated to set and accomplish your goals.
2. You must then DEVELOP THE SKILLS and KNOWLEDGE with the right kind of COMPETENCE to be accomplished in your chosen field.
3. You need to HAVE CAREER MENTORS: successful, experienced, competent practitioners who will guide you individually by knowing how to identify your natural talents and helping you apply your unique skills towards your new vocation.
4. You need to BUILD PROFESSIONAL NETWORKS.
5. Be interested enough to READ AND STUDY ABOUT EVERYTHING RELATING TO YOUR CAREER PATH.

Let's begin with the first requirement.

1

Aligning with Purpose

MAKING A CHANGE THAT WILL BE FULFILLING AND LONG LASTING

The first step is to make sure that this vocation will indeed align with your own individual sense of purpose and meaning: that you will find it fulfilling and enriching enough to feel motivated throughout your studies and your career.

Will being a Holistic Health Practitioner align with my purpose?

Take this questionnaire and find out.

Answer YES or NO to the following questions	YES	NO
1. I like (or would like) to explore new things and expand my horizons.		
2. I enjoy (or would enjoy) reading about and finding ways to make life healthy, happy, meaningful.		
3. I am interested in discovering, or continuing to discover, natural alternatives to toxic chemicals, foods and drugs. This can be in the form of new recipes, food as medicine, homeopathy, teas, herbs, or cleaning products.		
4. I am (or would be) interested in learning about activities that enhance healthier living: such as exercise, yoga, qigong or other forms of energy work, and types of meditation or mindfulness.		
5. I like (or would like) to find and engage in experiences that expand my self awareness, help me understand my body, my mind and body-mind connection.		
6. I find it gratifying to do things that are useful, helpful, and supportive.		
7. I generally enjoy (or would enjoy) documentaries, programs, books or articles about nature (plants, animals, the earth, ecology) and/or activities in nature.		
8. I tend to appreciate meaningful interactions and relationships with people much more than just superficial social chatter.		
9. I think I would like to be more in charge of my life: being my own boss or deciding my own working hours.		
10. I like getting to the heart of things, the truth, the crux, the deeper meaning. I feel uncomfortable with half-truths, opinions and viewpoints that are narrow or self serving and divisive.		
TOTAL		

If you answered yes to 5 or more of the above statements you are in the right place.

A career in natural health would be aligned with your purpose, which means that you would be motivated enough throughout your studies and throughout your career to become accomplished. So now we can move onto the second requirement for success.

Acquiring Right Competence

DEVELOPING THE RIGHT KIND OF COMPETENCE TO BE SUCCESSFUL IN YOUR CHOSEN FIELD.

You may be looking into different areas of specialization: such as homeopathy, naturopathy, herbology or nutrition. Maybe you are wondering: “Which one is most effective and can be the foundation of my career?”

If you're already trained in one type of intervention such as naturopathy, homeopathy, nutrition, herbology (or even osteopathy, massage or chiropractic) you have realized that you could be getting better results but don't know how.

The truth is that you cannot build a successful practice with only one modality. Just consider the limitations of the medical doctor who relies uniquely on pharmaceutical drugs to address all wellness issues. Or the limitations of psychological intervention to address all health issues. Can the surgeon, as well as she or he may be trained, cure all diseases? Obviously not, nor is the solution for everyone to go through all three types of intervention.

What people need and are looking for, are health care providers who can help them address the root cause of their dis-ease, according to their unique, individual requirements, and what is right for them. When people seek out an alternative or complement to conventional treatment, they want someone who can discover what they need as an individual. They want to be heard. They want to feel empowered to make a change, to create healing and return to wholeness. They want to know what is going to make **them** feel better.

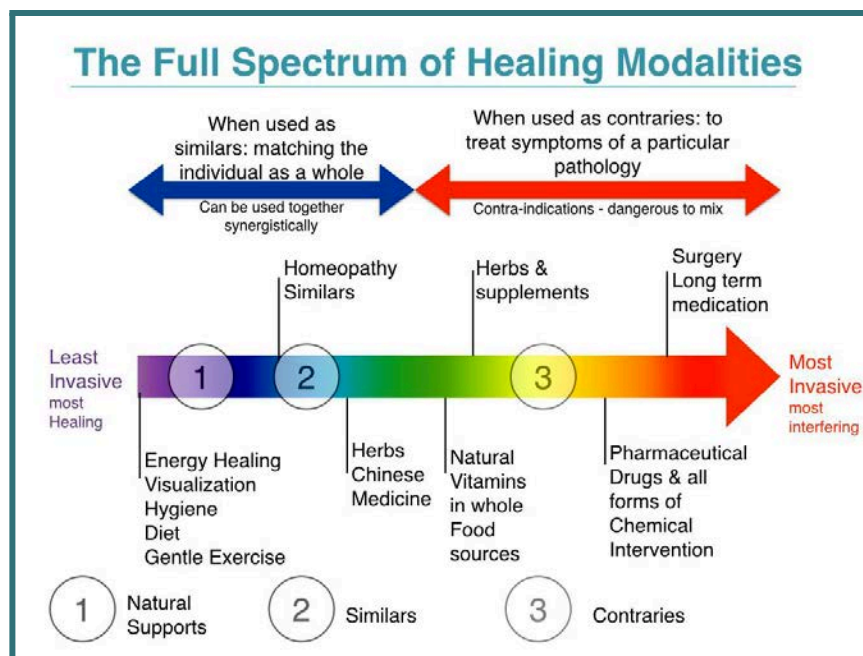
Herbology, nutritional counseling, homeopathy, natural supports (naturopathy) and therapeutic counseling are all useful methods of intervention, but each on their own is not a complete system of treatment. You are not going to be able to successfully help people by learning just one modality or even two or three. What you need is a **complete system of understanding the individual**: every individual as an individual, and each individual according to their unique needs and challenges.

The health revolution is not about a magic bullet. In the fields of research and intervention in health, we are learning exactly how unique each of us is, how different every case is. Everyone with arthritis has similar symptoms, but WHY they have arthritis is very different for each one, and HOW they can regain health is also very different for each one. It is only by discovering and addressing the root cause **in that individual** that health can be restored.

Holistic health requires an internal process. Your training needs to involve a journey of self discovery, self-awareness and self-reflection that will develop your capacity to understand humans and the human journey, optimal health, well being, and the opportunity of disease within a holistic,

integrative approach. MICH guides you in an exploration of the mysteries of life and health, and combines this exploration with a wealth of knowledge and practical skills that involve addressing the individual as a whole. Our courses are designed to expand your mind, your awareness, your therapeutic capacities, competency, and professionalism.

You need to be able to fully customize an approach **for the individual**. In order to do so, you need to understand the application of the full spectrum of interventions as shown in this chart and know what is appropriate for each individual. And know that the same individual will have different requirements at different times of their life's journey.



In summary, the RIGHT competence for a Holistic Practice requires the following:

1. You need to be able to understand each individual in depth to be able to discover the root cause;
2. You need to have expertise in more than one intervention;
3. You need to hold an understanding of health and well-being that contains all modes of intervention and where each one fits; and,
4. You need to understand which interventions can be used synergistically to address the unique needs of the individual.

A lack in any one of these areas will severely limit your success with your clients and in your career.

3

Learn from Caring Mentors

YOU NEED SUCCESSFUL, EXPERIENCED, COMPETENT PRACTITIONERS WHO WILL MENTOR YOU PERSONALLY AND KNOW HOW TO GUIDE YOU INDIVIDUALLY TOWARDS YOUR NEW VOCATION

When was the last time you had quality time alone with an experienced and caring teacher, to help you integrate in the way you need to integrate, and help develop your unique talents and skills? If you have had this experience, then you most likely remember it, even if it was a long time ago.

It makes a big difference to have personalized mentorship that is interactive with you individually, one-on-one. We cannot learn to be healers just by watching someone else or just listening to them lecture and asking a question or two. You need someone who knows you, understands you and cares about your professional future. You need a true mentor who will guide you through practice and support and help you while you start to practice in real life situations.

This is an especially important requirement to be a successful practitioner in holistic health, because this work requires individualized intervention. We do not mechanically apply protocols, following the same procedure for each pathology. Holistic practice requires creativity, ingenuity, presence, and skill.

4

Build a Network

MAKING FULFILLING AND LONG LASTING PROFESSIONAL RELATIONSHIPS

As a responsible practitioner, you will know your limits and know when to call on others who might be proficient in an area that your client requires. You should be able to refer to others, and they to you. You should have a wide variety of colleagues with backgrounds and talents that complement yours so that you can work together on challenging cases and offer the best possible therapeutic offering to your clients. If your clients see you as a resource, this will foster long lasting client-therapist relationships.

It is also important to have the opportunity to connect personally with colleagues and practitioners. The training structure should be one that encourages collaboration, teamwork, continued contact and support. It is also important that your relationship with your teachers and colleagues does not end at graduation.

Study and Learn

BE INTERESTED ENOUGH TO READ AND STUDY ABOUT EVERYTHING RELATED TO YOUR CAREER

Holistic practice is both an art and a science, it is multidisciplinary, or perhaps it can be more accurately described as transdisciplinary. Holistic Practice brings different disciplines together to create *new* conceptual, theoretical, methodological and innovative approaches that integrate and move beyond traditional discipline-specific approaches. For example, there are psychological aspects, but the holistic process goes beyond psychology. Studies in Holistic practice also include learning about nature: minerals, plants and animals, about life, biology and even physics. Holistic medicine is an energy medicine, a very leading edge quantum medicine, affecting the deepest level of organization being revealed by the latest research in Quantum biology. Classical science is revisited and reconceived within the broader, deeper context of Holistic understanding.

In order to be fully accredited as a health practitioner, you need ALL the necessary health sciences: Human Anatomy and Physiology, Pathology and Pharmacology. These courses need to have a whole-body perspective, and an energetic emphasis specific to Holistic Practice: a very different focus than what you would find in a conventional medical course. Your health science courses should be designed and taught by someone who practices holistic medicine and holds a holistic understanding of life and an INTEGRATIVE understanding of how the human body works, so that they support, and are integrated with the rest of what you are learning.

In Holistic Practice, we work with the body-mind-soul as a whole, focusing on how to support the body's *intrinsic* ability to heal itself. The holistic view is much broader and more encompassing than the conventional view that considers disease an enemy and symptoms as things to be suppressed rather than to be explored and understood. Holistic practice is not about a "war" against disease, it is about understanding disease and health as a spectrum of ever-changing states during the process of adapting to, and evolving in, life. Therefore, even Pathology must be held in a holistic view that sees disease as an opportunity for change, as a stage of evolution that got stuck, and view symptoms as your body's way of expressing a need for support.

Learning about conventional Pharmacology is required for professional accreditation and competence so that you can understand the medications your clients might be taking: the possible contra-indications, and side effects. The bigger container that a Holistic practice holds requires that Pharmacology be given special attention so that the holistic practitioner knows how to provide the extra support the body requires when dealing with pharmaceutical drugs and can work in a way that

complements conventional medicine rather than oppose it, within an understanding of the full spectrum of interventions as you saw in the diagram above.

The special attention we have given to the health science courses to make them holistic has been applied to all learning at MICH. Perhaps this is a good opportunity to provide an overview of what makes studies at MICH truly holistic and leading edge, so that you can get an appreciation of the special kind of study that Holistic Practice requires.

The key elements that make studying at MICH holistic and leading edge

Learn a UNIFIED clinical approach that addresses individual needs with the FULL spectrum of modalities to ensure optimal results with every individual.

Many approaches claim to address body, mind and soul, but do so as separate entities, with separate interventions. The approach you study at MICH is unique: it effectively addresses the individual as a whole, and integrates Homeopathic and Naturopathic medicine as a seamless whole. You learn to apply these medicines not as protocols or as technicians, but as **aware, engaged and proficient healers**. All proven effective holistic interventions: unicist homeopathy, diet, herbology, homeopathic and naturopathic supports, mindfulness, stress reduction, emotional intervention and energy work are integrated into **one single, unified clinical approach**.

Study the Leading Edge of Holistic Healthcare

The MICH program maintains the leading edge of Holistic Health Care, Homeopathy and Naturopathy by integrating the most progressive Medical and Body-Mind research in Quantum Biology, Dietary Science and Nutrition into our program. Our teachers and graduates are involved in innovative research in biology and healthcare and continuously bring new revelations, discoveries and understanding to your courses. The wisdom of Traditional Medicines is supported by leading edge research. The work of the “Old Masters” is integrated with the most recent breakthroughs, provings and methods in Homeopathy: such as those by Rajan Sankaran, Jan Scholten, Jeremy Scherr, Massimo Mangialavori, Masi, Vermeulen, the Joshis and many others.

Bring out your Full Potential with personal, one-on-one mentorship with Experienced Practitioners

Holistic Practice is an art as well as a science. Holistic practice requires that your creativity, ingenuity, presence, and skill be brought to full expression. You can only develop extensive professional proficiency, expertise and confidence through hands-on, real-life practice. **Competence and success in the field of Holistic health requires experiential supervised clinical training, live dialogue**

with your colleagues and teachers and one-on-one mentorship with experienced practitioners, who know you, and know how to bring out your natural talents.

Benefit from the Cutting Edge of Education

Our courses have been designed by professionally trained educators, who are well versed in the science of learning, especially in all that concerns the adult learner. We have incorporated proven methods to optimize the adult's ability to learn. We have also devised a number of advanced learning tools to individualize learning, so that you can study and learn in the most effective and efficient way *for you*. We have produced multimedia audiovisual recordings of live presentations, to fully immerse you in the teachings and keep you stimulated and engaged. We have also created a whole variety of original charts, visual aids, customized handouts to facilitate your understanding of essential principles that can also be used in your practice with your clients, so that they understand, and fully embark on the process.

Learning at MICH is holistic: every format uses an integrated approach to teaching that incorporates crucial subjects into real-life cases and situations instead of teaching them separately and dryly without context.

Hone your WHOLE organism as an instrument of healing

Unlike most conventional educational and university programs where there is a dissemination of information and solely an intellectual engagement; at MICH you are *honing your whole organism as an instrument*. Your therapeutic engagement involves your body, mind and soul, as a whole. From the very beginning, you practice, apply and implement key teachings through **experiential and holistic integration exercises** that accompany each unit. You go through a **personal transformation** that brings out your full potential and enables you to help others in a much more profound way.

Study efficiently and effectively: acquiring the most expertise in the least amount of time

Our many years of experience in teaching and practicing holistic medicine has provided us with in-depth understanding of what works and what doesn't. So we have focussed on the teachings which have stood the test of time in our practices and will be **ESSENTIAL** for you, not only during your studies, but also in your practice. This maximizes the efficiency of your precious study time.

The MICH Manuals and all materials included in the training have been created and customized for the adult learner. Instead of having to purchase and read a long list of textbooks, we have created documents that are an invaluable compendium of hundreds of references and books. All the critical information is distilled into a succinct, searchable format designed for the busy adult with professional and/or family responsibilities.

Have all important resources and references at your fingertips throughout your career

Our specially prepared documents are designed to be invaluable resources and reference materials that you will use throughout your professional practice. You have **continued access to all your completed courses** and all documentation for the duration of the entire program to reinforce your learning through every stage, and even after you graduate. They are always being updated with new research and findings: critical to keeping the leading edge in your practice.

Develop your unique potential

As a truly Holistic Institute, we respect, and encourage YOUR uniqueness. Everyone has different strengths and abilities. MICH tailors the training to suit your needs, and encourage your strengths. You will discover your unique gifts, and hone your particular talents under the mentorship of your experienced practitioner-teachers from whom you will receive continuous feedback and personal encouragement.

Individualize the scheduling and pacing of your learning

When you join the program, you will be invited to two on-boarding sessions: one, to help you navigate your course sites and understand the flow of the courses, and another to help you **adapt the program to your specific needs and availabilities**. We help you create your schedule depending on how much time you have available at different times of the year or during the program. In this way, you **set your own pace**, will be able to estimate when you can finish each level, and have a scheduling tool that allows for modifications if things change in your life, so that you can still stay on track with reminders and scheduled meetings with your teachers, facilitators and supervisors.

Stand on our shoulders

At MICH, teaching is NOT simply the transmission of information, it is the transfer of many years of hard-earned, practical, real-life experience so that you can stand on our shoulders, and BEGIN your career from where we stand now. Our goal is your success. We ensure that your training has everything you need for professional accreditation, and to have a successful practice.

The School of Natural Health Facilitating Holistic Consciousness

MICH Holistic Training

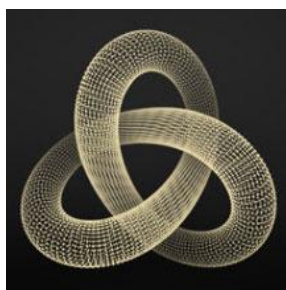
EVERYTHING YOU NEED TO KNOW ABOUT TRAINING AT MICH



NOUMEDYNAMIC
METHOD



FIRST AID
HOMEOPATHY



NOUMEDYNAMIC
HEALTH



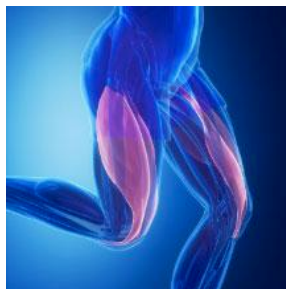
HOLISTIC NUTRITION
BASICS



HISTORY OF MEDICINE
AND HOMEOPATHY



DISCOVER
HOLISM



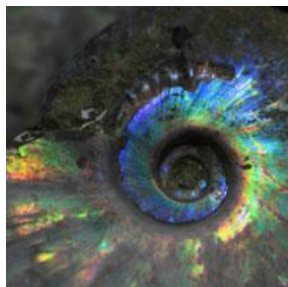
HEALTH
SCIENCES



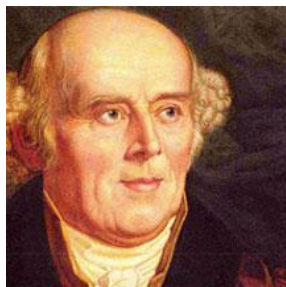
RESEARCH IN
HOMEOPATHY



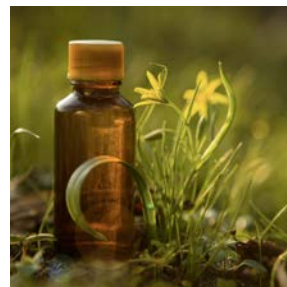
FOUNDATIONS OF
HOLISTIC PRACTICE



MATERIA MEDICA AND
PHARMACOPEIA



HOMEOPATHIC
PRINCIPLES & PRACTICE



THERAPEUTICS &
SUPPORTS

Welcome to MICH

MICH is a school, an international professional community, a holistic community and a vehicle of holistic learning. Our program provides leading-edge, Holistic Integrated Practitioner training that involves an indepth exploration and understanding of health, healing and the human embodiment of awareness. Our community is a place of heart and soul; a place for our smallness to be challenged and our greatness to be celebrated. Thank you for your interest in helping humanity and all living beings.



The Mich Team June 2024

*Left to right, back row: Adam Fiore, Christiane Magee, Adrienne Smith, Suzana Da Costa.
Front row: Melissa Dair, Judyann McNamara, Carla Marcelis*

More than a school, MICH is a supportive, truly holistic community:

- MICH holistic practitioners understand the human being as an integrative part of nature and ecology, and work ecologically with sustainable medicines that do not negatively impede or harm the environment (nor our bodies) in any way
- MICH fosters group collaboration in a non-competitive atmosphere
- MICH encourages group work and group case taking so that synergistic relationships and personal resources are created for your future practice
- MICH invites graduates to teach, supervise and case-share with new students
- MICH helps you build a solid practice by the time you graduate
- After graduation MICH provides referrals to student alumni
- MICH helps graduates continue to build a successful practice through post-grad support, case management and supervision, and ongoing training
- MICH supports a broad range of health and research projects that create opportunities for our students and alumni
- MICH helps organize homeopathic missions to non-industrialized societies
- MICH is a member of numerous organizations and associations in the greater holistic healthcare community

What Makes MICH Unique: A Unified Holistic Practice

In the practice of Holistic Medicine, every case must be treated as unique: each individual requires a unique diagnostic process, and will have a unique pathway to return to health. MICH has developed an advanced and proven holistic, completely integrated, therapeutic methodology that fulfills this requirement.

True Holistic practice requires addressing the root cause of disease, and classical, unicist Homeopathy is the best researched, most widely used, highly individualized and perhaps only true form of Holistic treatment in Western Medicine. Homeopathy has a long, well-documented scientific history with a long list of masterful homeopaths, and therefore is the key modality and method of intervention at MICH for addressing the root cause.

In order to utilize homeopathy to its fullest potential, it is necessary to see the individual and his or her disease as a whole – an energetic totality, rather than prescribing on individual, unconnected symptoms. MICH has fine-tuned an effective method of therapeutic inquiry (the Noumedynamic Method™) that enables us to perceive the client from a holistic

perspective. Our client interaction goes beyond the usual mechanical gathering of information and problem solving. It is a personalized and in-depth exploration that enables the MICH practitioner to prescribe on the deepest dimension of the individual, with the most effective, individualized remedy to match the client's expression from thousands of remedies from nature.

With the root cause having been uncovered and addressed, effective homeopathic, naturopathic and dietary supports are individualized to facilitate each stage of the unique healing process of that particular client. The client is fully engaged and self responsibility and self awareness are encouraged and supported.

The MICH Mission

MICH is dedicated to innovating and teaching therapeutic approaches to:

- Create a more conscious and healthier world by training holistic practitioners who help others increase vitality, well-being and ease with life, thereby eliminating unnecessary suffering and dis-ease.
- Accommodate and facilitate the natural processes of evolution by embracing the immaterial dimension of life.
- Facilitate holistic consciousness by respecting and honouring the wholeness of nature and the interconnectedness of life.

Guiding Principles

- Address the whole person as a unique individual.
- Consider the life force as a dynamic and immaterial principle that naturally incites a healing response when not inhibited.
- Use only natural medicines that are completely safe, ecologically sound and do not exploit nature's resources in any way.
- Communicate and inquire using the Noumedyamic Method™ (evolved from Bohm Dialogue).
- Embrace transpersonal, transdisciplinary, transcultural, and non-denominational principles.

Our Origins: How MICH and the MICH Method came about

Over 20 years ago, our teaching team began as a group of health practitioners who got together regularly to explore how we could make our practices truly holistic; which for us, meant seeing the individual and his or her disease as one whole: a "totality". Our goal was to find and address the root cause for each case that connects the collection of symptoms into a complete whole. It was hard work. It is so much easier to follow protocols or address symptoms individually, but we wanted the better results that we knew a holistic approach could provide.

We achieved the best results when we understood the "totality" as a single theme that brought all the key symptoms together. Attaining the deeper insight required Dialogue, as developed by quantum physicist, Dr. David Bohm. Dialogue calls for detachment from the outcome, detachment from our opinions and ideas, and complete openness to the natural unfolding of the case. We quickly learned how difficult it is to detach from our opinions, and how often we got in the way of open insight.

The founder of Homeopathic Medicine, Dr. Samuel Hahnemann, emphasized that each individual case of disease is a uniquely individual expression and requires an "unprejudiced" mind and open inquiry to be understood. It makes sense that if something is unique, then by definition, it is something that no one else has ever experienced it. In order to find an effective remedy, the homeopath must be able to perceive something in someone else that the homeopath has never heard, considered, or experienced before. During case taking, the homeopath must be listening for something *outside the realm of what is known* to him or her.

Holistic case taking requires: (1) becoming aware and being able to hear when we do not understand something, (2) staying in the discomfort of not comprehending, and (3) all the while bringing awareness to the ways we tend to avoid, repress or compensate for that discomfort.

Learning to perceive the individual as a whole falls outside the category of conventional teaching methods and education. We had already experimented with integrative approaches to learning in our own teaching careers, and knew that theory would not be sufficient: homeopathy students must be wholly involved in the *experiential practice of open inquiry in all stages* of homeopathic training. We needed to devise case taking and case discussion exercises which would take down the limiting fetters of the thinking process and open the mind to the natural unfolding of reality and truth, and encourage self awareness integral to the process. By 2005 we felt we were up to the challenge of creating a program that taught Holistic Homeopathy and especially case taking as a "totality" - and that was the birthing of MICH.

Applying to the MICH program

MICH has been, and continues to be, a magical and wonderful journey of discovery for all of us. We share a journey with our students, interns and graduates that deepens self awareness, expands consciousness and transforms the way we interact with, and experience life. MICH has provided us with the opportunity to touch the lives of people who now continue to transform the lives of thousands of others.

Coming to MICH is accessing the most unified, effective, truly holistic practice available in the world. If you feel aligned with what you have read so far, then you should take the next step and fill out the application form so that you can have a personalized interview and career counseling session with a professional member of the MICH teaching team.



Esteban visits Ottawa 2024

Left to right: Carla Marcelis, Esteban Naranjo

Who can apply?

Our school is open to everyone. **No specific prior experience or training** is required to enroll. **Everything you need to be fully qualified and accredited is included in the program.** You can start moving towards your new life today.

Do I need a background in science or medicine?

We have trained people from every type of background to become fully accredited Holistic Therapists with Diplomas in Homeopathy and Naturopathy. At MICH you do not require any previous training or education other than high school or college or the hard-earned experience of the school of life. Our program includes all the necessary courses in the health sciences to be competent, respected and professionally accredited. Perhaps more importantly, is that our health science courses have been specifically designed for Holistic Health Practice.

What kind of qualification do I get after graduation?

Once you have successfully completed your studies, you are awarded internationally recognized and accredited **Diplomas in both Homeopathy and Naturopathy**, as well as a **Diploma of Holistic Practice** which attests to the graduate's ability to apply these and other modalities holistically and synergistically.

How much does the full program cost?

MICH offers a variety of programs to suit individual needs, as well as a variety of payment options. To find out how much the fully accredited program would cost for individuals without a health science background or previous degree in homeopathy, you can download the Program Brochure which is on our website. Note that the prices are in Canadian dollars. **In US currency, these amounts could be between 30-40% less depending on current exchange rates.** It is best that you contact us for full details on all the options.

When can I enroll and start my courses?

Right after you apply and have your interview! Get started now, even if you only have a couple of hours per week to spare, you can start listening to the audio recordings and take your first steps towards your life's dream.

How long will it take me to complete the full program?

The program is designed so that you can go at your own pace. We meet with you and create a step by personally customized step study schedule. The time really depends on how much time you have available, and your own individual learning speed. Someone working full time with a family, might only have 6 hours to spare every week. In that case it would take 4 years to do the entire program including all the health sciences and the 55 clinical practice cases. Depending on your circumstances, we can help you determine whether you can complete the program in less time or not.

If you have any questions, or just want to explore your options within an exciting and meaningful career, please contact us at:
info@michmontreal.com or 1-514-486-2716. We offer installment plans for payment. Contact us for further information.

So, are you ready to embark upon your new career as a Holistic Practitioner?

WE WOULD LOVE TO HEAR FROM YOU!

SET UP A Q&A APPOINTMENT WITH AN
ADVISOR TODAY

- OR -

SCHEDULE YOUR ADMISSIONS INTERVIEW
- APPLY TODAY

The School of Natural Health Facilitating Holistic Consciousness

Holistic Practitioner Program

CERTIFIED AND ACCREDITED PROFESSIONAL TRAINING



Be an Integrative, Holistic, Therapeutic Professional Practitioner

When you graduate, you will be awarded a diploma as a Holistic Practitioner as well as fully accredited homeopathic and naturopathic diplomas. MICH's high standard of teaching is recognized internationally.

The program consists of a Foundation Level, which you can enroll in with Level One, followed by Levels Two and Three. This multidimensional program will not only provide you with a solid foundation as a Holistic therapist with an integrated approach as a professional homeopath and naturopath but is also transformative, enlightening and personally meaningful.

Clinical practice begins right away. During the program, a full spectrum of possible situations, clients and conditions will be seen. In the Level Three Supervised Internship, personal mentorship is offered throughout as you enter your own case taking and write-ups of 55 cases.

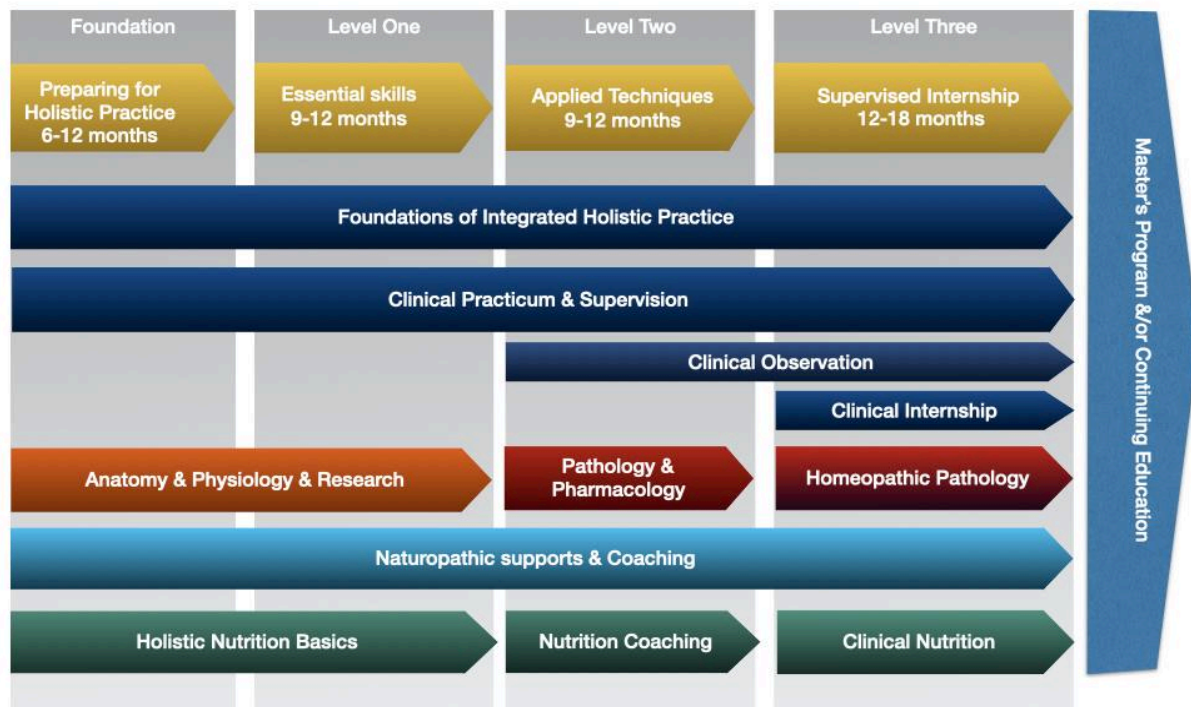
Four Levels of Mastering your craft

1. FOUNDATION LEVEL: ESSENTIAL KNOWLEDGE
2. LEVEL ONE: ESSENTIAL SKILLS
3. LEVEL TWO: APPLIED TECHNIQUES
4. LEVEL THREE: SUPERVISED INTERNSHIP

Four Fully Integrated Streams of Training

In order to ensure that you fully integrate the essential skills to become a successful holistic therapist, therapeutic expertise is interwoven with hands-on, supervised clinical practice, exploring human health sciences, applying naturopathic supports, developing coaching and case taking skills, and learning holistic nutritional intervention from the onset. The chart below provides an overview of how each stream is taught in parallel and with the other streams throughout the four levels of training.

MICH Holistic Practitioner Program Overview Chart



THREE DIPLOMAS IN ONE PROGRAM

Unlike other schools, MICH has developed an integrated therapeutic homeopathic and holistic methodology (the MICH Method) that incorporates the leading edge of bio-energetic medicinal research to bring homeopathy to its full potential. MICH provides a complete system of understanding that not only reveals the root cause to be treated homeopathically, and how the healing response gets activated with a well chosen homeopathic remedy, but also how to apply individualized treatment to fully support all stages of the healing process with coaching techniques, diet, and naturopathy.

Our LEADING-EDGE INTEGRATIVE MEDICINE training provides graduates with THREE Diplomas from one fully integrated program that seamlessly combines Holistic Therapeutic Coaching, Homeopathy and Naturopathy.

DIPLOMA IN HOLISTIC PRACTICE

The Diploma in Holistic Practice certifies that you have become skilled in numerous complementary healing arts, and you have mastered your craft through hours of personalized apprenticeship with experienced practitioners enabling you to truly address the whole individual in the way that that individual requires in order to transform their lives.

You learn how to create and engage the client in an integrated program unique to your client. Not a protocol, not something off-the-shelf, instead, an effective program that is uniquely suited to their needs.

A Diploma in Holistic Practice goes beyond the conventional training of a life coach, it involves learning how to transform our lives, how to redefine the relationship with the concept of self so that it becomes healthy, wholesome and holistic, and most importantly how to evolve and grow to our full potential.

Anxiety and depression are two examples of symptoms related to a deeper issue. They, like most of the challenges facing people today, involve unhealthy stress in many forms as well as personal and social stress: how I see myself and how I think others see me.

Chronic disease in all of its forms requires a holistic approach with a complete system of understanding. Diet, lifestyle and meditation are important parts of any transition, but programs need to be individualized, and adapted to each person's particular needs.

Transition must be supported energetically with a unique energetic signal provided by homeopathy that reinforces the transformation from a deep understanding of the unique expression to allow that uniqueness to be expressed, without distortion, and come to full potential.

The obstacles and challenges to evolution and expansion are addressed with the full spectrum of possible supports that act on different dimensions. The MICH Holistic Practitioner knows how to apply a variety of therapeutic interventions according to the dimension on which the current challenge or obstacle appears, in a timely manner to support the changes during the transformation process with specific, individualized tools including diet and lifestyle that is suited to the individual

expression. Where is support needed? In the organizing principle of the whole organism? Or in a specific system like the nervous system or the reproductive, endocrine or digestive systems? Or is it on a cellular level, such as cellular memory or how the mitochondria are metabolizing energy or coordinating primary stress responses?

The MICH Holistic Practitioner knows the specific level on which each intervention operates and how to apply each intervention in a holistic complementary way. When you graduate from the MICH Holistic Practitioner program you receive diplomas in the two key methods of interventions, the two branches of western medicine: homeopathy and naturopathy, which are meant to precede and complement allopathy, or the current conventional medical practice.

CLASSICAL HOMEOPATHY DIPLOMA

Homeopathy is taught in a fully integrated approach that combines traditional wisdom with the leading edge: Quantum biology, Subtle energy fields, Body-mind research. MICH is the only homeopathy school that fully integrates all of the latest developments in homeopathy, and the only school where you will learn how to access all of Nature's Healing Vibrations. With the unique MICH Method, you are taught how to access over 5,000 homeopathic remedies in order to find the OPTIMAL, unique similimum to ensure successful treatment. Our homeopathic curriculum underscores the rich history of homeopathic theory and practice, and integrates all evidenced-informed practices necessary in today's changing world of integrative wellness.

In order to ensure appropriate understanding of the safe application of the principles of homeopathy, supervision is with live, real-time clients with you as the homeopath, with an emphasis on long-term case management. Our clinical training can be accessed from anywhere in the world.

Regular case submissions throughout your training provide essential experience in case analysis, prescription, and follow-up, and prepare you for your 55 final case submissions that are in the format required for certification with professional homeopathic accreditation boards. The homeopathic training you receive at MICH exceeds all of the requirements needed to be eligible for professional accreditation in classical unicist homeopathy internationally: such as the competencies set by the Association For International Homeopathic Certification (AIHC), the European Central Council Homeopathy (ECCH), the Council for Homeopathic Certification (CHC), the College of Homeopaths of Ontario (CHO), and others.

HOLISTIC NATUROPATHY DIPLOMA

There are many dimensions that make the Holistic Naturopathy Diploma unique. Unlike the unfortunate misapplication of naturopathy to pathology, that many schools teach, the MICH naturopath knows how to use naturopathic interventions such as diet, lifestyle, herbs and other modalities to treat the individual as a whole, according to their unique requirements and not according to a one-size-fits-all protocol.

The difference in our approach is that we take well proven techniques to a much deeper dimension. For example, you will learn of the energetic movement that the Bach Flower essences address, the deeper motives and the mental archetypes that belong to each essence as well as practical training on how to prescribe them. In that course, you learn what to observe in a cat versus a dog, a bird or a

horse; What to observe in a baby versus a newborn or a child or an adult; and what the essence will support energetically.

The MICH Naturopath learns to use herbology in a way that avoids contraindications with pharmaceutical drugs or other herbs or supplements the client might take, and addressing the deeper, energetic root cause of disease without the negative side effects sometimes associated with herbs, such as: discomforts caused by putting demands on the liver, and other digestive organs.

We use dietary counseling not only to supply necessary nutrition for specific kinds of disease states, but also to empower clients to better their health by providing a safe space to explore all aspects of their well-being, applying holistic, personalized dietary guidance and other MICH core concepts for a deeper understanding of health. MICH takes an integrative and holistic approach to health, looking beyond food to consider other areas of life that need nourishment, like career, physical activity, and relationships.



Adam Fiore, DHom, ND, HOM (CHO College of Homeopaths of Ontario) was trained at MICH as a Holistic Practitioner and has been a key teacher, clinical supervisor and facilitator at MICH for many years. Also trained in Traditional Chinese Medicine and the Yogic healing arts, certified both as an Acupressure therapist and Yoga instructor, a long-time practitioner of meditation (as well as an enthusiastic musician), he fully embodies and practices the Holistic approach and philosophy of MICH.

Carla Marcelis, N.D., DHom HOM (CHO College of Homeopaths of Ontario) is a cofounder of MICH, the main teacher for the Health Science courses, a mentor, supervisor, and facilitator. Carla shares more than 20 years

of experience of clinical practice with our students. Her previous training in medicine provides her with the pertinent background in pathology and pharmacology and understanding of the physiological processes behind symptoms, which she uses to help guide our interns to decisions on homeopathic and/or naturopathic intervention. As a MICH-trained homeopath, Carla is a MICH clinical supervisor and teacher of complex case management and brings this rich experience to the MICH homeopathic missions in Honduras. Like all MICH trained holistic practitioners, Carla works with each individual to strengthen the vital force through healthy nutrition, life-style, and the use of supplements and other supportive modalities as needed, in addition to the homeopathic process.

Four Levels of Training

FOUNDATION LEVEL

The Foundation Level will accompany you through the most important paradigm shift of the last century. The ever-growing, ever-evolving understanding of Holism is our grounding, our philosophy, and our metaphysics. It is the foundation and cornerstone of the MICH Noumedynamic Method. Holism is much more than a concept, a philosophy or a way of practicing. Holism answers the questions that science alone or philosophy alone cannot. Questions that are central to life, health and well being both personally and professionally. Questions such as: What is life? What drives evolution? What is the ultimate expression of the human being?

The Foundation Level courses have no prerequisites and can be taken as individual courses by independent students.

FOUNDATION LEVEL | Completion: 6 - 12 months

Discover Holism	History of Medicine and Homeopathy
Applied (Noumedynamic) Holistic Health	Anatomy & Physiology
First Aid Homeopathy	Research in Homeopathy
Holistic Nutrition Basics	Clinical Practicum (Introductory)

LEVEL ONE: ESSENTIAL SKILLS

Level One is an exciting exploration and grounding in the philosophy and the central principles of the MICH practice involving multiple dimensions of life and consciousness. An insightful understanding of the true cause of suffering and disease forms the foundation of the MICH method. A method that uses the most advanced techniques in the field of holistic health care and homeopathy.

LEVEL ONE | Completion: 9 - 12 months

Foundation Studies in Classical Unicist Homeopathy comprised of the following:

- Foundations of Holistic Practice Level One
- Materia Medica and Pharmacopeia Level One
- Homeopathic Principles, Practice Methodology Level One
- Clinical Practicum (Listening, Communication skills and Client assessment)
- Tissue Salts and Oligosols

LEVEL TWO: APPLIED TECHNIQUES

At MICH you not only learn about the central pillar of healing, unicist homeopathy, but you also learn about diet, meditation, naturopathic and homeopathic supports to aid in managing and reducing symptoms. These natural and supportive interventions complement the healing that is facilitated by the homeopathic similimum.

At MICH, in a seamless marriage of old and new, we take full advantage of modern advances in research all the while respecting ancient wisdom and the work of the masters to find the best similimum and provide the highest possible level of curative success.

LEVEL TWO | Completion: 9 - 12 months

Foundations of Holistic Practice Level Two
Intermediate Studies in Classical Homeopathy
Intermediate Clinical Practicum (Clinical practice and Client assessment)
Materia Medica and Pharmacopeia Level Two
Homeopathic Principles, Practice Methodology Level Two
Pathology & Pharmacology
BACH Flower Essences
Nutrition Coaching
Holistic Therapeutic Coaching

LEVEL THREE: SUPERVISED INTERNSHIP

Level Three holds the emphasis on a holistic understanding of the human being and more importantly, learning to perceive what is unique to every individual. This level involves learning to apply important homeopathic tools such as the materia medica, repertorization in homeopathic practice, as well as the holistic therapeutic interventions and the skills in therapeutic MICH case taking learned in Level Two. By this time, you are well on your way towards establishing your own practice and in many jurisdictions students can register as Naturotherapists to issue insurance receipts.

In this level, Personal Guidance will be provided as you begin your own case practice in preparation for your clinical case submissions. Completing the required 55 cases brings competence, confidence, and assurance for the start of your practice.

LEVEL THREE | Completion: 12 - 18 months

Foundations of Holistic Practice Level Three
Advanced Studies in Classical Homeopathy
Materia Medica and Pharmacopeia Level Three
Applied Principles, Practice Methodology
Homeopathic Pathophysiology

Supervised Clinical Practice
Naturopathic Supports (applied)
Nutrition in Homeopathic Practice
Clinical Intern Case Submission (55 cases)
Business Strategies and Marketing
Deontology: Ethics and Jurisprudence

Overview: Core Training Elements

CENTRAL PILLARS OF PRACTICAL TRAINING IN HOLISTIC PRACTICE

Before embarking on a level by level and course by course description of each course, this section provides an overview of the core training elements around which all the other courses revolve. These core training elements begin in Level One and continue in Levels Two and Three. The Foundation Level courses provide the background for these core elements and can be taken concurrently with Level One.

Overview of Foundations of Holistic Practice

THE HEART AND SOUL OF MICH

The three levels of Foundations of Holistic Practice (FHP) are the heart and soul of MICH, bringing the MICH mission and vision to life. Foundations of Holistic Practice is the central pillar of MICH practice: the principle requirement for everyone interested in any MICH program, regardless of previous homeopathic or professional training. This course provides a full, step by step training in the leading edge case-to-prescription process of the MICH method as well as the powerfully effective therapeutic relationship and case taking process of the MICH Noumedynamic Method. The most advanced techniques available in the fields of holistic health care and homeopathy are integrated within these two methods.



Screenshot of Graduates attending a Continuing Education Webinar 2020

A REVOLUTIONARY MODEL OF THE HUMAN BEING

Holistic Practice requires a revolutionary new holistic model of the living human being. The Noumedynamic Model proposed by MICH is not a “parts” model, it is one that is dynamic, alive, and responding to life through moment by moment adaptation to the force of evolution called Holism. The course will help you develop an in-depth, all encompassing, multi-dimensional, Holistic understanding of the human being through an engaging and profound path of exploration.

FHP is more than a course, ***it is a process*** that develops the ability to listen, understand and communicate on progressively deeper dimensions, making all your relationships more therapeutic and meaningful. The MICH therapeutic relationship accesses a depth of human understanding that requires a personal transformation, a radical change in perception as well as the facilitation of whole brain functioning on the part of the practitioner. This transformation occurs through an organic process of self-inquiry, contemplation, dialogue, case taking practice and mentorship.

The goal is to teach you how to perceive what is unique in every individual so that you can learn to address the dynamic movement of the vital force, and support all dimensions of well-being: physical, mental-emotional and spiritual, wholeness, happiness, meaningfulness, adaptability and vitality. Each unit is an exciting exploration and grounding in the philosophy and the central principles of MICH practice involving multiple dimensions of life and consciousness. The emphasis is on a holistic understanding of the human being, and insight as to the true cause of human suffering and disease.

CLINICAL PRACTICUM AND CLINICAL INTERNSHIP

FHP is also the pillar of the clinical training at MICH. The MICH Noumedynamic Method of case taking is taught and practiced, right from the very beginning of the course: in the first unit of Level One. Clinical training is woven into each level of FHP and its integrated companion course: Clinical Practicum. Exercises and case taking practices take place under supervision in clinical facilitation sessions and provide experience in the application and integration of all parts of the case taking process. Facilitation also provides opportunities for familiarization with all aspects of case taking competencies and dialogue competencies as well as the application and practice of the principles of Therapeutic Relationships. Filmed videos of cases help model clinical case taking right from the onset of the training program. By watching the videos of successful cases of experienced homeopaths, students gain years of experience in the evaluation of approaches and strategies adopted by experienced homeopaths.

Further to the Clinical Practicum in each level, a supervised Clinical Internship individualizes the clinical training of each student in Level Three. It focuses on case taking and case management under the supervision of experienced Homeopaths both individually and within groups. Observing colleagues in supervised clinical practice, and receiving supervision of clinical cases, is the focus of this thorough training in all aspects of case taking, case analysis and case follow-up.



The multi-media, audio-visual recordings provided in Foundations of Holistic Practice are of in-person lectures given by Judyann McNamara, the founder of MICH. Judyann is a bio-physicist with a background in Quantum physics, and a Homeopath, Naturopath and Holistic Practitioner with decades of experience as a practitioner and as a teacher. Our students find her teaching alive, inspirational and engaging.

Our Founder, Judyann McNamara

Overview of Homeopathic Principles and Practice Methodology

APPLIED HOMEOPATHIC PRINCIPLES

The two levels of Homeopathic Principles and Practice Methodologies and the final level of Applied Principles and Practice Methodology are the perfect complement to Foundations of Holistic Practice. They provide training in the application of classical unicist homeopathy as well as other homeopathic and naturopathic supports during the healing process.

In these courses, you continue your exploration of humanity, life and the role of disease in the evolutionary process in parallel to the Foundations of Holistic Practice and Materia Medica and Pharmacopeia courses. They are your next step in the exciting exploration of the most potent energetic healing tool available to humankind, homeopathy, as it is applied within the holistic approach of the MICH Method.

Homeopathy is the perfect vehicle, an energetic signal picked up by the mitochondria of every cell. A carefully chosen signal that addresses the unique dynamic movement of an individual's vital force on the deepest dimension possible to affect all dimensions of well-being: physical, mental-emotional and spiritual, wholeness, happiness, meaningfulness, adaptability and vitality.

These courses are a seamless marriage of old and new, taking full advantage of modern advances in research all the while respecting ancient wisdom and the work of the masters to find the best similitum and provide the highest possible level of curative success. We have carefully chosen the most pertinent and effective methods that have stood the test of time to provide an integrated understanding of the different approaches to posology and treatment.

They also provide hands-on training with some of the critical tools developed specifically for homeopathy such as the repertory. The challenges of Repertorial analysis are overcome with the aid of one-on-one facilitation with every student.

Many of the teachings of Applied Principles and Practice Methodology are usually considered “post graduate” level training and methods of practice. It incorporates many ingenious modalities developed by renowned practitioners of homeopathy and teaches you to discern where and how each of the various homeopathic methodologies (unicist, homo-toxicology, combination prescribing, nosodes, drainage, organotherapy, etc) fit into the greater whole of the science of homeopathy. Unique resources like the MICH Pediatrics manual are part of this course designed to bring success to your practice.

Overview of Materia Medica and Pharmacopeia

INSIGHT INTO THE HOLISTIC ESSENCE OF REMEDIES

The three levels of Materia Medica and Pharmacopeia bring insight into the deeper symbolic representations of homeopathic remedies. The MICH Materia Medica is a concise synthesis of findings from clinical experience, provings, and toxicology, that has been integrated so as to provide an understanding of the “essence” of each remedy, thus tying together the diverse rubrics and modalities of a remedy. Cured Cases are used to demonstrate the unique and individualized expressions of the remedies.

The remedies are brought to life using real life cases and clinical experiences of the MICH teachers. Video films of cured cases provide the actual energetic experience of the remedy as expressed by the individual. They are an invaluable source of dynamic learning of both the remedies and case taking.

All the quizzes and exercises are specially designed to help the student learn to identify the energy patterns of the different remedies. They are all based on actual cases in practice, not the theoretical application of materia medica, so that you are constantly exposed to the kind of real life situations they will be experiencing in their future practice.

In addition, personal one-on-one facilitation with the experienced teacher of the course, provides r individual integration and application of the theory in practice. In this way, you hone your unique abilities and skills, and get help with your unique challenges so that you can bring out the very best of your potential as a practitioner.

By the end of the three levels of Materia Medica training, the student will have:

- Developed a deep understanding of proving results, and be able to apply this understanding to all the dimensions of the human being: body-mind-soul.
- Learned how to synthesize and make use of Materia Medica content that is pertinent to practice towards finding the optimal similimum in unicist prescribing.
- Learn how to assess and analyze case information so as to come to the deepest dimension of the individual, so that the true root cause of disease can be addressed.
- Developed and acquired the skills to make effective, efficient and critical use of relevant source materials, and learnt how to search for additional literature and continue to integrate the newest developments in materia medica literature.
- Developed skills to integrate various systems and classifications of remedy groups.
- Developed the skills to make effective differentiation between kingdoms, sub-kingdoms, remedy themes, groups and individual remedies.

THE MICH MANUALS

MICH Manuals support the teaching in each level of the Materia Medica and Pharmacopeia course as well as the extensive and unique MICH Materia Medica of the most important remedies in each of the kingdoms.

The MICH Materia Medica brings together pertinent information from an extensive variety of proving sources, spanning over centuries, to the most recent provings, for the most important remedies in each kingdom. It is a vast compendium that provides a valuable resource for the entire span of your studies and your practice.

Each remedy description provides the essential background on the substance itself, and the unique qualities of the remedy source that distinguish it from other remedies when coming to remedy prescription of the similimum. It includes the immaterial essence and energetic dynamic, the provings and their symptoms, the clinically confirmed symptoms, Clinical and First aid applications and remedy relationships.

Each remedy description includes the following details:

SUBSTANCE

- Pertinent information about the source
- Toxicology, Pathogenesis, Pharmacology
- Nomenclature

CLASSIFICATIONS

- Miasmatic Classification (Various Approaches)
- Constitutional Types
- Developmental Stages

HOMEOPATHIC PROVING

- Author, Year and Methodology
- Proving Symptoms

CORE ELEMENTS

- Immaterial Essence
- Energetic Dynamic

CLINICAL APPLICATION AND FIRST AID APPLICATIONS

- The most common known applications

REMEDY RELATIONSHIPS

- Comparative Materia Medica

CLINICALLY CONFIRMED SYMPTOMS

- Modalities
- Repertory Rubrics
- Etiology
- Totality of Symptoms
- Various approaches to symptomatology:
- Mental/Emotional/Physical General/Particular Concomitant Complete/Incomplete Common / Characteristic
- Striking, Individualizing symptoms (strange, rare, peculiar)
- Symptoms suggesting miasmatic influence
- Delusions / sensations
- Organ affinities
- Pathognomonic Symptoms
- Keynotes



Christiane Magee, DHom, DHP, ND
MICH Facilitator, Supervisor

Christiane is a MICH graduate who supports all our MICH students and interns. She has an extensive background in business which she shares with MICH students and grads to help them get their practices off the ground.



Suzana Da Costa, DHom, ND, DHP,
MICH Facilitator, Supervisor

Suzana is a MICH graduate and a Massage Therapist with extensive Therapist-Client relationship experience from which she draws when facilitating and supporting students throughout their MICH training.

OVERVIEW

Other Program Offerings

FOUR WAYS TO STUDY AT MICH

Our flexible, modular, multiformat structure lets you design your personal program and set your own pace within a study schedule you create with your personal facilitator. Audio-visual teaching is interspersed with experiential training, one-on-one facilitation and clinical supervision all in an online environment to provide full holistic learning. All our courses provide CEUs (Continuing Education Units - University & Professional Credits accredited by SOFEDUC. Each CEU represents 10 hours of teaching).

THERE ARE FOUR OFFERINGS TO CHOOSE FROM:

1	Holistic Practitioner Program CERTIFIED AND ACCREDITED PROFESSIONAL TRAINING
2	Noumedynamic Certificate Program INDEPENDENT STUDY FOR PROFESSIONALS AND INDIVIDUALS
3	Master's Program ADVANCED TRAINING FOR HOMEOPATHS
4	Continuing Education FOR ALL MICH ALUMNI

2

Noumedynamic Certificate Program

INDEPENDENT STUDY FOR PROFESSIONALS AND INDIVIDUALS

For the past 20 years, MICH has taught the Noumedynamic Method™ to a wide range of professionals, including meditation teachers, yoga instructors, psychologists, and life coaches. This method is designed for individuals who guide others on their personal journey or are interested in doing so, as well as researchers studying consciousness and enlightenment. Our trainees have successfully applied this method in various fields such as international relations, human resources, schools, businesses, and more, helping individuals from all walks of life and stages of awareness.

The Noumedynamic Certificate Training will help you master the Noumedynamic Method™, which our MICH trained Holistic Practitioners utilize to access the point where the mind and body converge. This point is where the individual's "essence" is discovered, which is the source of both individuality and wholeness.

Program Syllabus

6 month online certificate program with personalized one-on-one mentorships

Noumedynamic Health	- 5 units, 2 mentorships
Noumedynamic Dialogue	- 2 units, 2 mentorships
Discover Holism	- 5 units, 1 mentorship
Foundations of Holistic Practice	- 7 units, 5 mentorships



Christiane Magee DHom N.D. NHP
Your MICH Noumedynamic Method Mentor

Open to all homeopaths who have graduated from the MICH Holistic Practitioner Program.

The MICH Holistic Practitioner Program includes a Holistic Homeopathy and Naturopathy Diploma. This program is the equivalent of a University Bachelor's Degree plus 70 extra credits which can be put towards the MICH Master's Degree.

Upon successful completion of the MICH Holistic Practitioner Program including submission of 55 case studies, MICH graduates can join the Master's Program to complete a supervised thesis and receive a Master's Degree in Holistic Homeopathy.

Practicing homeopaths and graduates who have graduated from other Homeopathy schools and colleges, can access the advanced level of case taking, case understanding and in-depth understanding of Materia Medica available in the MICH Holistic Homeopathy Certificate Program for Homeopaths described above. Upon completion of this certificate, graduates can obtain a Master's Degree by completing a supervised thesis within the auspices of the MICH Holistic Homeopathy Master's Program.

HOMEOPATHIC MISSIONS

Our students have appreciated the valuable opportunities offered through the MICH Clinic in Honduras, where interns saw homeopathy in action as they participated in numerous cases per day of children, adults and elderly who have a wide variety of health challenges. Missions are a wonderful way to apply one's knowledge and gain experience and confidence in the practice of homeopathy.

4

Continuing Education

STAY ENGAGED IN THE MICH COMMUNITY WELL AFTER YOUR PROGRAM

For all MICH graduates.

When you join MICH you discover a whole community of people from every discipline, and various backgrounds and origins who are engaged and passionate about the deep, most meaningful aspects of life. During the transformational training experienced at MICH our students interact on a regular basis in our non-competitive atmosphere: working together on assignments, practicing techniques, sharing insights and understanding and thereby organically creating long-standing relationships. Being a part of the vibrant MICH community provides personal enrichment, and continued support and guidance as professionals. As a homeopath starting one's practice, the benefits this community offers are invaluable.

MICH encourages the success of its graduates by providing a variety of supportive training and opportunities, such as:

- Extensive post-graduate case management and training specifically designed to keep you abreast of all the latest developments and fully integrated into the MICH method, ready for you to apply in your practice.
- Continued access to all courses and course materials, the MICH Manuals, the MICH Materia Medica, Kingdom documents and other invaluable resources and reference materials which are continuously being updated with new research and findings, internationally,
- Participating in missions,
- Joining the MICH Professional Association (MICHPA),
- Using the MICH website (which has high traffic) as a platform for your marketing by being listed on the MICH Professional Directory and as a resource to use with your clients for educational purposes,
- Being supported in the submission of cases and articles, and
- Getting assistance to participate in trade shows, conferences and public events.

MICH provides its students and graduates with a sense of belonging, mutual respect and care. Within this community, we remain committed to our own personal development, and together we remain open to continued learning and embrace the unfolding that transpires.

MICH Continuing Education courses provide credits required for professional associations and colleges.

ANNUAL POSTGRADUATE CONTINUING EDUCATION OPPORTUNITIES

- Advanced Case Management and Supervision
- Advanced Therapeutic Relationship
- Advances in Homeopathic Research & Proving



Claudia Burke-Cytrynbaum, A MICH Graduate At Our Honduran Clinic

COURSE DESCRIPTIONS

Foundation Level Courses

PROVIDING A SOUND BASIS FOR THE DIPLOMA PROGRAM

Discover Holism

30 COURSE CREDITS / 3 CEU

The Discover Holism course forms the philosophical foundation and cornerstone of the MICH Holistic approach.

Discover Holism is designed to incite a transformative shift in you. This course is the first stage of preparation towards opening the higher body-mind faculties of the organism and provides the necessary foundation to encourage capacities that often lie dormant. It is an unfolding of the forces within so as to open your organism, senses and consciousness to deeper insights, and greater wholeness and health. Central to the training to become a MICH homeopath, the exercises outlined in this course are part of the fundamental transformation that becoming such a homeopath requires.

Holistic Integration Exercises designed for each element of learning, help you adopt a truly holistic attitude and lifestyle: a way of living that keeps you connected to your soul. This is especially essential if you wish to help others with health and wellbeing. As a practitioner, you will find these exercises useful to share with your clients. Your own personal experience of them will enable you to adapt the exercises to individual needs.

COURSE CONTENT

THE ORIGINS, HISTORY AND FUTURE OF HOLISM

- Contribution of Jan Christian Smuts
- Holism as a more evolved and fuller theory than mechanism
- Understanding the limitations of mechanism especially in life sciences
- The role of Holism in evolution and life
- Living Holistically: The relationship of Holism to health and wholeness
- Essential practical elements that support an in-depth understanding of Holistic Practice and Lifestyle

UNDERSTANDING THE DYNAMIC MOTOR OF EXISTENCE, HEALTH AND DISEASE

- A study of Variation and Natural Selection as central factors of evolution:
- Duality as a reality of life
- Identifying conflict, opposition and duality as invitations to expand and evolve
- The three basic groups of emotions

-
- Energetic tension created by polarization
 - Methods to resolve Spiritual-Material, Matter-Spirit, Mind-Body, Cause-effect polarities
 - The holographic universe and the creative force of Holism
 - Mitochondria as organs of Holism: in evolution, the maintenance of life, and adaptation
 - The difference between the “synthesis” occurring in evolution and a mechanical aggregation of parts
 - A bioenergetic model of life
 - The effect of homeopathic remedies on mitochondria
 - Understanding the role of perceived threats in stress related disease
 - Coherence and Quantum Biology
 - Disease as the loss of adaptation and freedom of response
 - A study of susceptibility

GOING BEYOND THE LIMITATIONS OF OUR SENSORY EXPERIENCES

- The three dimensions of consciousness
- Consciousness and Holism
- Striving, stress and chronic disease
- How to access greater creativity
- Higher faculties of consciousness
- Growing beyond a materialistic metaphysics and reductionist thinking
- The historical development of the concepts of Soul, Vital Force and Life Force
- The differences between the principles of Animism, Dynamism, Vitalism and Essentialism.
- The essential differences and complementarity between Phenomenon and Noumenon.

FORMAT

This is a multimedia, multidimensional, experiential online course with mentorship. There are five units in the course and the suggested pace is one unit per week. A mentorship session is included to facilitate integration of the materials. This session is held after the student has gone through all the units. Students are expected to read the appropriate texts and prepare the homework assignments, requiring approximately three hours per unit, including one quiz per unit.

COURSE EVALUATION

Evaluation is based on quizzes and facilitation mentorship sessions as follows.

- Unit quizzes (5) 50%
- Facilitation mentorship (evaluation of integration of materials) 50%

Noumedynamic Dialogue

20 COURSE CREDITS / 1 CEU in Clinical Practice

Being a good homeopath requires a deep appreciation of the source of life from which all living beings emerge. The MICH approach encompasses Jungian psychology, Quantum physics, and Holism as the modern confirmations and reinforcements of Hahnemann's original insights into the beauty, majesty, and wisdom of the Vital Force in every being. It is from this basis that The MICH Noumedynamic Method was developed as a natural extension and the highest point in the evolution of homeopathic understanding, case taking and prescribing

The MICH case-taking process is a deep process of inquiry: a dialogue between homeopath and client. The MICH homeopath must take a case with optimal awareness and in a state of wholeness, oneness, or non-duality. This is challenging because the greater part of our thought process is unconscious and conditioned to operate from duality, division and from a sense of self as separate from the world.

Engaging fully in this type of inquiry can change the way our mind operates. Like meditation, dialogue stills the thought process and brings to light life-changing insights. At MICH, developing expertise in dialogue through practice is the central and fundamental skill required for MICH case taking.

With it, we are able to uncover the deepest, most subtle, "Noumedynamic" (moved by soul) dimensions of the individual. Perceiving this dimension is necessary to understanding the individual as a whole. The noumenal dimension is a subtle, invisible, and immaterial level of life not accessible by the physical senses. It is often called the vital force, soul, or the organizational principle of the organism. We have gleaned from both Eastern and Western philosophies insight into this subtle level or "soul". The Noumedynamic process involves becoming aware of ourselves as "Noumenon" with an immaterial dimension, in contrast to knowing ourselves only as "phenomenon", an object of the physical senses. It is a process of discovering the essence that distinguishes and animates, establishes and maintains, the organism as ONE unique WHOLE.

FORMAT

Because each of us is unique in our way of communicating and listening, this is a one-on-one experiential mentorship course, where an experienced teacher brings you through the process of dialogue in specific exercises which will hone your unique skills and talents.

COURSE EVALUATION

Evaluation is based on assignments and facilitation mentorship sessions as follows.

- Mandatory attendance for 2 mentorship sessions
- 2 hand-in assignments

Noumedynamic Health

50 COURSE CREDITS / 5 CEU

Noumedynamic Health elucidates the REVOLUTIONARY Holistic approach to illness developed at MICH. It is an approach that reveals the meaning of disease as the dynamic partner of health. It explores what constitutes a truly curative process within a Holistic context. In Noumedynamic Health, you learn what is required to elicit a healing process within the organism, as a whole, while respecting the unique expression and needs of every individual.

There is no such thing as one size fits all when it comes to health or health programs: be it diet, exercise, or stress reduction. Learn how to incorporate the Noumedynamic Health approach in your life and learn to approach optimal health in a holistic and individualized way.

COURSE CONTENT

KEY ELEMENTS OF A HOLISTIC HEALTH PRACTICE AND LIFESTYLE

- Useful tools, techniques and guides for a holistic practice
- The differences between insight and analysis
- How illness can be turned into an opportunity and a call to greater wholeness
- How to support the life force
- Key considerations in diet and hygiene
- The relationship between self acceptance and stress, stress and disease, dis-ease and pathology
- Factors that get in the way of the healing process
- How to consciously work with energy flows in the body
- How to consciously work with the different centers of intelligence in the body
- How to identify factors that are impeding the healing process

SUPPORTING THE HEALING PROCESS WITH THE MICH HOLISTIC APPROACH

- Where to start to address imbalance
- How to apply the original three branches of western medicine appropriately for each case
- The distinction between Naturopathy and Homeopathy
- The full spectrum of modalities: where each type of therapy is within the spectrum
- How to do a holistic health evaluation
- How to inquire into symptoms so as to elicit insight
- The effect of a homeopathic simillimum
- The therapeutic process in natural healing (with case examples)
- The importance of self-responsibility in every healing process

FORMAT

This is a multimedia, multidimensional, experiential online course with holistic integration exercises and one-on-one mentorship to facilitate integration of the approach.

COURSE EVALUATION

Evaluation is based on quizzes and facilitation mentorship sessions as follows: Unit Quizzes (5) 100% of final grade & the mentorship session is mandatory for a passing grade.

History of Medicine & Homeopathy

29 COURSE CREDITS / 3 CEU

Medicine is an art and a science with a long and fascinating history dating back to the Ancient Egyptian Dynasties, early Chinese and Indian civilizations, and, in the west, to the ancient Greeks. The ancient masters practiced a medicine that worked with the innate healing powers of the living organism in a holistic, individualized way. These traditional medicines held understanding that allowed them to understand the requirements of the healing process, and how each individual is unique within that process. Traditional approaches held what homeopathy still holds: they were holistic, individualized and integrative. They were everything that today's medical schools wish they could teach.

Learn how homeopathic thought has its origins as the application of similars by Hippocrates, generally seen as the father of Western Medicine. This course will show how homeopathy was ahead of its time in many ways, it was the first scientific method in medicine, right from its founding and was the first to train female doctors at its homeopathic medical faculties. The course will also explore how homeopathy has evolved since Hahnemann's time and the various contributions made by homeopaths around the world that has brought about a new era for homeopathy.

COURSE OBJECTIVES

By the end of the course, the students will have integrated the following learning objectives:

1. An overview of the history of world medicine in the context of holism;
2. An introduction to the life and work of Samuel Hahnemann;
3. An introduction to the holistic homeopathic principles in the context of Western Medicine;
4. An overview of the history of homeopathy since Hahnemann;
5. An introduction to the important homeopaths since Hahnemann and the evolution of homeopathy during those 200 years.

LEARNING OUTCOMES

After successful completion of this course, the student should be able to understand and explain the history of homeopathy and western medicine.

Every homeopath and holistic practitioner must develop a basic understanding of the traditions and history of holistic understanding of the interconnectedness between the microcosmos (human) with the macrocosmos in relation to health and disease.

FORMAT

This is an online self-guided course. There are six units in the course and the suggested pace is one unit per week. Students are expected to watch the audio-visual presentations, read the appropriate texts and prepare the homework assignments, requiring approximately three hours per unit, including one quiz per unit.

COURSE EVALUATION

Evaluation is based on quizzes, and a final exam as follows.

- Unit quizzes (5) 75%
- Final Exam 25%

COURSE TEXTS

McNamara, Judyann and Marcelis, Carla. *History of Medicine and Homeopathy*. 4th ed. MICH Manual, 2016

RESOURCES

- Nichol, Thomas. *The Misrepresentations of Homeopathy*. *Montreal Tracts on Homeopathy* - No 5, 1888.
- Haehl, Richard. *Samuel Hahnemann His Life and Work* (2 Volumes), 1922 (published by B. Jain in 2001).
- Bradford, Thomas L. *The Life and Letters of Dr. Samuel Hahnemann*, 1895 (published by B. Jain in 1992).
- Bradford, Thomas L. *The Pioneers of Homeopathy*, 1897.
- Jason, Patricia. *Maternalism and the Homeopathic Mission in Late-Victorian Montreal*. *CBMH/BCHM* / Volume 16: 1999 / p. 293-315.
- Engle, George L. *The Need for a New Medical Model: A Challenge for Biomedicine*. *Science*, Volume 196, Number 4286, 1977.
- Kirschmann, Anne T. *A Vital Force: Women in American Homeopathy*. New Jersey: Rutgers University Press, 2004.
- Ullman, Dana. *The Homeopathic Revolution: Why Famous and Cultural Heroes Choose Homeopathy*. Berkeley: North Atlantic Press, 2007.



G4 Grad Celebration 2019

Left to right: Lucia Larcinese, Aggie Tylza, Adrienne Smith, Nancy Alves, Judyann McNamara

First Aid Homeopathy

66 COURSE CREDITS / 7 CEU

Discover the magic of homeopathy in this introductory course that will provide you with the basics you need to know in order to use homeopathy in first aid situations with your family, your pets or yourself. It introduces the principles of homeopathy as a system of medicine and describes some 40 remedies that can be used around the home. Examples from homeopaths' practice will bring the remedies to life and help you distinguish between them.

Topics include:

- Trauma: accidents, broken bones, sprains, wounds, burns, frostbite, coma.
- Doctor's and dentist's office: Surgery, dentistry, chemotherapy, radiation.
- Weather and change in environment, travel.
- Poisonings. Animals and insect bites and stings.

Students will use the knowledge acquired in the course to treat two first aid situations and discuss these cases in a one-on-one mentorship session with the teacher.

YOUR TEACHER

Be guided by an experienced homeopath, and naturopath with a medical background, Carla Marcelis. Carla is a MICH clinical supervisor and teaches advanced courses as well as leading the MICH homeopathic missions to Honduras. She generously shares her wealth of knowledge and years of practical clinical experience, as she helps you to use homeopathic knowledge to treat first aid situations.

COURSE OBJECTIVES

The course aims at helping the student to understand the basic tenets of first aid homeopathy, such as:

1. To have a basic understanding of homeopathic principles
2. To have a basic understanding of the making and proving of remedies
3. To have a basic understanding of the application of potencies;
4. To be introduced to the use of repertories and Materia Medica;
5. To become familiar with the concepts of external cause and acute disease;
6. To be introduced to some 40 remedies that can be used in acute, first aid situations;
7. To practice giving a remedy in a first aid situation.

LEARNING OUTCOMES

The course helps you recognize first aid situations that can be treated with homeopathy, even by a lay person. Homeopathy is a wonderful ecological and accessible medicine that has a wide range of applications, from the cuts and scrapes in daily life to the deep chronic diseases that plague our society. This course is an introduction to the breath of homeopathy with a focus on using homeopathic remedies at home and at play. The course covers a variety of situations that one can come across in daily life, such as bruises and cuts, frostbite and sunburn, insect bites and traveler's diarrhea. After successful completion of this course, students should be able to understand, apply, and explain the basic principles of homeopathy and treat simple first aid situations.

FORMAT

This is a multimedia, multidimensional, interactive online course with cases, recorded live webinars and one-on-one mentorship. Experience the power of homeopathy first hand by learning how to prescribe, and doing so in two first aid situations with feedback and supervision in a mentorship session with the teacher.

COURSE EVALUATION

Evaluation is based on case studies and quizzes as follows:

- Unit quizzes (8) 50%
- Two case studies 50%
- To complete the course, one mentorship session is required.

RESOURCES

- Boericke, William. *Pocket Manual of Homeopathic Materia Medica*. The following website can also be consulted and searched by remedy name: homeoint.org
- Hershoff, Asa. *Homeopathic remedies: a quick and easy guide to common disorders and their homeopathic treatments*. New York: Penguin Putnam Inc., 2000.
- Kruzel, Thomas. *The Homeopathic Emergency Guide: A Quick Reference Guide to Accurate Homeopathic Care*. Berkeley: North Atlantic Books, 1993.
- Pittaway, Kenneth S. *Homeopathic First Aid Handbook*. Haarlem: Emryss, 2010.
- Ullman, Dana. *The Homeopathic Revolution: Why Famous and Cultural Heroes Choose Homeopathy*. Berkeley: North Atlantic Press, 2007.

Holistic Nutrition Basics

70 COURSE CREDITS / 7 CEU

Holistic Nutrition Basics is presented from a holistic perspective that includes a broader scope of nourishment: the immaterial, energetic and ecological aspects of food and eating. Like all nutrition courses, this course provides the necessary vocabulary to be able to understand the composition of foods from a chemical perspective (the nutrient groups: carbohydrates, proteins, fats, vitamins, minerals and water). But in Holistic Nutrition Basics, we also consider the "living" aspects of nutrition.

Our relationship to the earth would be greatly improved if we considered the earth as a living organism, and everything we eat is, or was, living, and part of that organism. As we grapple with ecological issues and carbon footprints we realize that our attitude towards nutrition has repercussions on how we treat the planet. Ludwig Andreas Feuerbach is quoted as saying: "A man is what he eats". Perhaps a more accurate or holistic understanding would be: "We are how we eat, and how we eat is a reflection of how we are."

COURSE OBJECTIVES

The course aims at helping the student to understand the basic tenets of the science of Nutrition, such as:

1. Nourishment and the interconnectedness of life on Earth;
2. The concept of "whole foods" in terms of nutritional value and nourishment;
3. The interactions between nature, food production and eating;
4. The impact of agricultural, cooking and preservation methods on nutritional and energetic values of foods;
5. The general principles of a healthy diet and healthy eating habits;
6. The food mechanics: calories, nutrient groups, phytochemicals;
7. The role of nutrition in growth and health through the life cycles;
8. The relationship between food and health.

LEARNING OUTCOMES

The big understanding of this course is that nourishment is a living process that happens within and between living organisms, in communion with the earth. Nutrition is a small, but scientifically important domain restricted to the nutrient components of food.

Students learn about the nutrient components in foods, growing and cultivating, food transformation, as well as cooking and preservation. A number of traditional and alternative foods and diets are covered, including vegetarianism, food combining and popular weight loss diets. After successful completion of this course, you are able to understand, apply, and explain the basic principles of Nutrition and Nourishment.

FORMAT

This is a multimedia, multidimensional, online course with holistic integration exercises and practical applications for daily life.

COURSE EVALUATION

Evaluation is based on quizzes and a final exam as follows.

- Unit quizzes (7) 70%
- Final Exam 30%

RESOURCES

- *Ballentine, Rudolph. Diet & Nutrition: a holistic approach. Honesdale: The Himalayan Institute Press, 2007. ISBN: 9780893890483*
- *Colbin, Annemarie. Food and Healing. New York: Ballantine Books, 1986. ISBN: 0345303857*
- *Pitchford, Paul. Healing With Whole Foods: Asian Traditions and Modern Nutrition. North Atlantic Books; 3rd edition, December 2002. ISBN: 9781556434303*
- *Schatz, Halé Sofia. If the Buddha Came to Dinner: How to Nourish Your body to Awaken Your Spirit. New York: Hachette Book Group Digital, 2013. ISBN: 078686883X*



MICH Class of 2016

Anatomy & Physiology

200 COURSE CREDITS / 20 CEU

The world of subtle energy, of quantum processes, of biophotons and light-based cellular communication opens our minds to what we already know in our hearts about the living body. We are, and everything in the physical world, is made of light. We are energy, and live in a realm of energy. When the human body is viewed as an energy system, we derive a much more subtle and deeper understanding of its functions and state. Understanding these energetic dynamics of the human energy field helps us to appreciate the body's responses, and to understand the changes in susceptibility which lead to both evolution and disease.

The current medical model lacks this dimension. Its anatomy is based on drawings of the dissection of cadavers. Its physiology is limited to the chemical dimension of processes that occur on a much more subtle dimension. This course attempts to bring an energetic and holistic dimension to the current model by adding a holistic, dynamic perspective of the living organism to each course unit.

Like other college level anatomy and physiology courses, the MICH Anatomy & Physiology provides an overview and the vocabulary of the structure and functioning of the human body; the organization of each organ system on cellular, tissue and organ level; homeostasis and interaction between systems as proposed by the current medical model. Furthermore, the course brings an overview of the most recent research on cellular functioning, especially the roles of mitochondria and of the microbiome in health. By studying the materials, homeopaths and other holistic practitioners can communicate effectively with the medical profession and their clients.

But unlike other courses, simultaneous to studying the current model, a shift towards a more subtle and deeper understanding is facilitated. Those taking this course are asked to look critically at the current material model in ways that will encourage the understanding of the necessity of a bigger paradigm that embraces the deeper dimensions and dynamic movement of life.

Carla Marcelis teaches this course in collaboration with Judyann McNamara so that together, they bring to life the many dimensions of the living body. This is a fully accredited course required by alternative and complementary professional associations.

COURSE CONTENT

- Human Body as a functional and energetic whole
- The Human Superorganism
- The Chemical Level of Organization
- The Cellular Level of Organization
- Quantum level of organization and Mitochondria
- The Tissue Level of Organization
- Blood, its cellular content and function.
- How the five senses create the sense of self, the "I"
- Endocrine System, glands and hormones
- Relationship between the Chakras and the endocrine system
- Upper and Lower Respiratory System
- Gastrointestinal, digestive organs and function of digestion

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- Blood as carrier of cosmic light through food, nutrients and oxygen.
 - Blood vessels, Heart, Circulation, Blood Pressure, Pulse.
 - The Heart as source of inner wisdom, the center of our passion.
 - The Lymphatic system, organs and tissues.
 - Thymus gland proving.
 - Central and peripheral Nervous System
 - Autonomous Nervous System
 - Quantum level of organization and nerve cell transmission.
 - Communication capacity of the nervous cells.
 - The Special Senses
 - Urinary System, Kidney and Bladder and their functions
 - Immune System, non-specific and specific
 - Skin structure and functions, wound healing
 - Skeleton, Bone structure and function
 - Joints, types of joints, functions
 - Skeletal muscles, organization
 - Fascia and integration
 - DNA, Genes and Chromosomes
 - Quantum understanding of DNA
 - Female Reproductive System
 - Male Reproductive System

COURSE OBJECTIVES

Understand how the over 30 trillion living organisms seamlessly collaborate to create our life experience: our cells. Each has its own intelligence and means of communication. An intelligence, which through the means of the mitochondria, is connected to universal intelligence or cosmic consciousness, "the field". In this context you will learn to understand the organization of the human body and the functions of the various organ systems.

LEARNING OUTCOMES

Students are expected to understand specific terminology in relation to name, location, and functioning of the organs and body systems. They can communicate with confidence to both patients and other health professionals using medical terminology. The course will also help you link your anatomical learning with your homeopathy training, remedy knowledge and repertorizing skills.

FORMAT

Anatomy and Physiology is a multimedia online self-study course with ample audio-visual presentations and recorded webinars. The course consists of 15 units. Students are expected to read the appropriate texts and prepare the homework assignments, requiring five to ten hours per unit.

COURSE EVALUATION

- Unit quizzes (20) 70% of final grade
- Final Exam 30 % of final grade

RESOURCES

- Ross & Wilson. *Anatomy and Physiology in Health and Illness*, 13th Edition, 2018.
- McNamara, Judyann. *Energy Anatomy*. 4th ed. MICH Manuals, 2016.
- Alternatively: Kapit and Elson. *The Anatomy Coloring Book*, 4th Edition.
- *New Anatomy and Physiology videos from Educator.com*
- *Anatomy Zone videos from anatomyzone.com*
- *Anatomy and Physiology Crash Course videos from thecrashcourse.com*

Research in Homeopathy

42 COURSE CREDITS / 4 CEU

The focus of this course is to introduce the basic terminology of research as required to practice homeopathy. The course will provide an overview of the various concepts and practices of medical research, as well as homeopathic research. This course will help you know how to find out if something has been proven effective for a particular pathology or condition.

Throughout the course, you will be directed to the websites for both medical and homeopathic research findings absolutely necessary for your practice. Let's say you have a potential client who wanted to know if homeopathy has ever been used for their particular condition. Or if you are talking to a medical professional or someone else who might collaborate with you on cases, you can refer them to resources that are known and respected by conventional professionals.

Accessing these research resources will boost you and your clients' confidence in the effectiveness of homeopathy to address pathological conditions, and the effectiveness of homeopathy generally.

COURSE OBJECTIVES

The objective of this course is to introduce methodological principles of research and stimulate thinking about research evidence and how to apply information from research in clinical decision making. In taking this course, you will:

1. Obtain skills to understand, participate in and critically evaluate research;
2. Identify various research methods with special reference to the development of homeopathy;
3. Understand the general concepts of the research process, including design and analysis;
4. Critically evaluate existing concepts of homeopathic provings methodology (Hahnemannian provings, dream provings, meditation provings, seminar provings);
5. Critically appraise the advantages and limitations of the various proving methodologies;
6. Critically evaluate research in homeopathy (Fundamental research, Clinical research, Practical research);

LEARNING OUTCOMES

The course will provide you with an overall understanding of the role of research as a tool in your homeopathic practice. By the end of this course, you will be able to:

1. Apply knowledge of general research concepts to selected articles and websites;

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2. Apply critical assessment skills of weighing the strengths and weaknesses of a research report, published article or website;
 3. Acquire information from research literature and apply to clinical practice;
 4. To develop a research based attitude to the homeopathic practice.

FORMAT

This is an online self-guided course with handouts, articles and integration exercises.

COURSE EVALUATION

Evaluation is based on quizzes as follows.

- Unit quizzes (9) 100% of final grade

RESOURCES

- Dana Ullman, MPH, CCH. *Evidence Based Homeopathic Family Medicine*. eBook and 2 year subscription. www.homeopathic.com
- Kane, Mark. *Research Made Easy in Complementary and Alternative Medicine*. Elsevier, 2004
- Taillefer, Anne (2017). « Vaccination infantile et discours hétérodoxes : étude sur le savoir interdit d'infirmières, de médecins, d'homéopathes et de sages-femmes » Thèse. Montréal (Québec, Canada), Université du Québec à Montréal, Doctorat en sociologie.
- Taillefer, Anne (2009). « Impact médical et social de la consultation en médecine homéopathique chez les mères : une question de paradigme » Mémoire. Montréal (Québec, Canada), Université du Québec à Montréal, Maîtrise en sociologie.
- Dr. Malik Homeopathy Research Website Dr. Malik has been collecting homeopathic research for a few decades now. Through her [Homeopathic Science blog](#), one can access the large collection of full articles that are saved in her [Google Drive](#).
- [Indian Journal of Research in Homoeopathy](#), a publication of Central Council For Research In Homoeopathy, is a peer-reviewed online journal with Quarterly print on demand compilation of issues published.
- [Provings.Info](#) is by far the biggest database of homeopathic provings in the world. A project of many years by German homeopath Jorg Wichman, it includes both old and new provings and provings that were done with various approaches. Access to the database requires a membership. Note that not all provings are available in full text.
- [Google Scholar](#) the scientific google search engine, can help you find research abstracts and articles from all fields of science.

Level One Courses

PROFESSIONAL TRAINING : ESSENTIAL SKILLS

Foundations of Holistic Practice Level One

168 COURSE CREDITS / 17 CEU

COURSE CODE: FHP-L1

PREREQUISITE: MICH Foundation Level

A MULTIDIMENSIONAL MODEL OF THE LIVING HUMAN BEING

Much of conventional medical training is still based on the dissection of cadavers, which tells us nothing about the living, breathing, energy-filled organism. It is also divorced from the consciousness that forms and informs life and life processes. A revolutionary new model is required for Holistic Practice that embodies the living organism as a whole unit, body-mind-soul. Level One of the Foundations of Holistic Practice brings to light in a fully integrative way all the interactive aspects of the multidimensional being and how they come together to produce both health and disease.

It also provides the first steps of clinical training. You will be introduced to the basics of the MICH Noumedyamic case taking model: Listening, Witnessing and Energy Observation, the Power of Silence, Passive Witnessing Practice, and the 7 levels of case taking, as well as the leading edge in case assessment through patient self-rated health (PSRH).

COURSE CONTENT

AN IN DEPTH, MULTIDIMENSIONAL MODEL OF THE HUMAN BEING

- Energetic explorations of the human life force
- Field wave properties such as coherence as the basis of physiological efficiency and health
- Creative Cosmic forces: Vital Field and Vital Force
- Emotion as Energy: the 9 categories of emotional energy
- The essence that informs wholeness
- Pathogenesis as a multidimensional process involving stress, striving, susceptibility, and symptoms (mental, emotional and physical)
- Universal Symbols of Creation
- The symbolic dimension of consciousness and dis-ease
- Powerful use of symbol as a tool for healing
- The benefits and limitations of Meditation
- Meaning, Appreciation and Health
- Exploring the levels of human experience as well as the dimensions of human experience
- Relationship: projections and transference

THE CONCEPT OF SELF AS AN ENERGETIC PATTERN

- Energetic basis of Egodynamics
 - The Four States of the unaware and unsundered ego
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- The Anthroposophical view of the ego
 - Conditioning, conditioned thinking
 - Resistance to change
 - Identification, defences and defence mechanisms
 - The Hero's Journey: the spiritual dimension of health
 - Dreams as doorways into deeper dimensions
 - The role of dreams in diagnosis, prescription and prognosis

BECOMING A CATALYST OF CHANGE

- How to exploit automatic self regulatory brain processes
- Effective ways to assist the evolutionary process
- Fine tune the ability to listen for the subtle differences of each individual
- Adapting to the different and unique needs of each individual
- A heart-centered approach and insight

MICH NOUMEDYNAMIC PROCESS OF CASE TAKING

- The first steps of case taking practice
- The MICH Noumedyamic case taking model
- Case taking competency levels
- Listening, Witnessing and Energy Observation in case taking
- Power of Silence, Passive Witnessing Practice
- Dialogue Competency Evaluation
- Case taking resources and references
- Introduction to the seven Levels of case taking
- Live case taking practice, with the submission of 3 case studies

INTRODUCTION TO CASE ASSESSMENT

- Patient Self Rated Health: F.O.R.C.E.S. Method
- Filling out the dimensions the Chief Complaint

FORMAT

Foundations of Holistic Practice is a multimedia online course brimming with engaging audio visual presentations that have been recorded live in the classroom, live case taking and video recordings of cured cases, recorded webinars, exercises, live practice, and regular one-on-one mentorship, integration and live practice sessions.

COURSE EVALUATION

Evaluation is based on the average of the grades of the 8 unit quizzes as well as completion of exercises, homework submissions, and Holistic Integration exercises where clinical proficiency requirements also must be met.

RESOURCES

- *Hahnemann. Organon of the Medical Art, 6th Edition. Edited and annotated by Wenda O'Reilly. Birdcage Press, 1996.*
- *Various contemporary research articles*

Clinical Practicum Level One

128 COURSE CREDITS / 13 CEU

COURSE CODE: CP-L1

PREREQUISITE: MICH Foundation Level

This is the clinical aspect of Foundations of Holistic Practice Level 1. It involves the practical application of clinical theory and therapeutic relationship central to the MICH Noumedynamic and MICH Classical Homeopathic methods. In this course we learn the subtle art and skills required to hear what is truly unique in the individual, without interpretation: crucial to treating the root cause of disease.

MICH clinical training provides a wide range of supervised clinical learning experiences in order to facilitate the integration of the knowledge, practical skills and professional ethics and attitudes essential to clinical practice: such as: experiential exercises, case taking practice, facilitation and clinical integration supervision sessions.

The live, hands-on case practice exercises of Clinical Practicum build on the experiences of the Noumedynamic Dialogue course of the Foundation Level, to further hone your skills in real life case taking. The Noumedynamic Dialogue Method used in case-taking, case supervision and discussions facilitates coming to the totality of symptoms required in classical unicist homeopathy. This dialogue method developed at MICH has proven itself to be an effective way to ensure good communication, develop solid collaboration and a holistic model for inquiry.

Challenges are encountered and facilitated as students begin to identify when they are trying to “fit” things into their perspective, or translating the patient’s words or concepts into ones which feel more comfortable. Students learn to evaluate their skills using the MICH Case taking Competency Evaluation Form and the MICH Dialogue Competency Evaluation Form.

A Clinical Practicum grade is given for integration of the teachings. Student’s clinical skills are evaluated through the case taking practice and holistic integration exercises as well as your work in the facilitation and clinical integration sessions. Case taking exercises in this course are essential to clinical practicum and contribute greatly to the development of your unique clinical skills.

COURSE EVALUATION

Your Clinical Practicum mark is based on the submission of 3 case studies and attendance to the following one-on-one sessions:

- 2 Facilitation Mentorship sessions
- 4 Clinical Integration sessions
- 2 Holistic Therapeutic Inquiry sessions

Homeopathic Principles and Practice Methodology

Level One

APPLIED HOMEOPATHIC PRINCIPLES

60 COURSE CREDITS / 6 CEU

COURSE CODE: HPPM-L1

PREREQUISITE: MICH Foundation Level

The MICH Method of prescription is the culmination of homeopathic practice over the last 200 years. In order to master it, you need to know how it evolved, and you need to be well versed in the classical, unicist principles on which it is based. Introducing you to these principles is the role of this course. This Level One course brings you through 200 years of homeopathic research into understanding the energetic expressions and workings of the vital force.

COURSE CONTENT

FUNDAMENTAL CONCEPTS

- Health, Disease and Healing
- Susceptibility and Causative Factors
- Vital Force
 - Treatment according to the Law of Similars
- Mitochondrial and Quantum biology considerations

SYMPTOMS AND SIGNS

- Common/characteristic
- Strange, Rare and Peculiar Symptoms
- Pathognomonic Symptoms
- Hierarchy of Symptoms

CLASSIFICATION

- Classification & Understanding of Disease Processes
- Hahnemannian Classification
- Natural & Artificial Diseases
- Acute and Chronic Diseases
- Miasmatic Theory
- Chronic disease and relationship to stress

CASE MANAGEMENT THEORY

- Case Taking
- Case Evaluation and Analysis
- Prescription Methods
- Evaluation of Patients' Response
- Second Prescription
- Directions of Cure
- Obstructions to Cure
- Primary and Secondary Reaction
- Similar & Dissimilar Diseases

HOMEOPATHIC REMEDY

- Homeopathic Proving
- The Single Remedy
- Minimum Dose
- Different Potency Scales (D, C, K, Q, LM)

COURSE OBJECTIVES

This course and its associated readings will give you a solid foundation in the experimentation, the clinical experience, and the medical understanding of the system of homeopathy. This course meets the requirements of the International and European Councils of Classical Homeopathy, The College of Homeopaths of Ontario, and the Syndicat Professionnel des Homéopathes du Québec. By the end of the course you will possess the knowledge required by any professional homeopathic association. It includes but is not limited to:

-
1. Hahnemann's philosophy and methodology of homeopathy through study of The Organon
 2. The laws of homeopathy and the principles behind them
 3. Susceptibility
 4. The Direction of Cure
 5. The theory behind provings, how they are conducted and how they lead to our understanding of each remedy
 6. Symptomatology and the hierarchy of symptoms
 7. Understanding of different methods of potency preparation and applications

LEARNING OUTCOMES

This course has the purpose of providing you with a deep and all encompassing understanding of homeopathy to enable you to apply all methods of homeopathic practice judiciously. You will have an understanding of the true causes of disease, and a holistic understanding of the totality of symptoms.

You will understand the three methods of intervention described by the founder of western medicine, Hippocrates, and how these three methods are required as complementary branches of one integrative medicine. On completion of this course you will be able to:

1. Use The Organon as a resource tool both as an intern and as a practitioner
2. Explain homeopathy in simple terms to people who might not know what homeopathy is
3. Explain the role and place of homeopathy in the treatment of disease
4. Know how to prepare a homeopathic remedy
5. Use the Materia Medica, Rubrics and Repertory

FORMAT

Homeopathic Principles and Practice Methodology is a multi media, online course with audio-visual presentations, recorded webinars and one-on-one mentorship sessions. The course consists of 6 units. Students are expected to read the appropriate texts, watch the videos, do the exercises and prepare the assignments, requiring approximately 15 hours per unit.

COURSE EVALUATION

Evaluation is based on the grades for the quizzes and assignments from the holistic integration exercises as follows. In order to pass the course a minimum of 70% is required.

- Unit Quizzes with assignments (6) 100%
- You are also required to have completed the mentorship session.

COURSE TEXTS & RESOURCES

- McNamara, Judyann. *Homeopathic Principles and Practice Methodology*. 4th Ed, 2016. MICH Manuals.
- Hahnemann. *Organon of the Medical Art*, 6th Edition. Edited and annotated by Wenda O'Reilly. Birdcage Press, 1996.
- Murphy. *Homeopathic Clinical Repertory*, 3rd Edition, 2005.
- Kent. *Lectures on Homeopathic Philosophy*.
- Roberts. *Principles of Art and Cure*.
- Close. *The Genius of Homeopathy*.
- Vithoulkas. *The Science of Homeopathy*.
- Yasgur's *Homeopathic Dictionary*.

Materia Medica and Pharmacopeia Level One

57 COURSE CREDITS / 6 CEU

COURSE CODE: MMP-L1

PREREQUISITE: MICH Foundation Level

This first level of Materia Medica is an in-depth teaching of the Mineral Kingdom of homeopathic remedies. Homeopathic remedies made from minerals share certain proving characteristics that distinguish them from remedies made from plants or animals.

MICH teaches remedies made from mineral elements and compounds within the context of the periodic table of elements. The elements of the periodic table are arranged from left to right and top to bottom in order of increasing atomic number. Both clinical and provings research have demonstrated that remedies belonging to the same row or the same column produce similar themes in provings. This makes sense as there are important commonalities in atomic structures, (actually, the electron cloud configuration which is the fundamental energetic structure of the atom), within each row and column. Since the periodic table a map of the different atomic frequencies and energy configurations, it becomes a very useful “map” of the energetic signature that is experienced in provings. Thus, the periodic table is a map of proving themes. This makes both learning about the remedies and finding the similimum (similar remedy) for cases much easier.

COURSE CONTENT

The MICH Materia Medica brings insight to the deeper symbolic representations of each remedy proving and is a concise synthesis of findings from clinical experience, provings, and toxicology, as well as understanding of the “essence” of each remedy, thus tying together the diverse rubrics and modalities of a remedy. Cured Cases are used to demonstrate the unique and individualized expressions of remedies.

This course explores the elements in Rows 1 through 6 of the periodic table. Using video and paper case examples, it teaches the different themes and challenges unique to each row, as brought out in the provings of the elements belonging to each individual row. Thus, it will be helpful to get a sense of the themes of the row as a whole, and then to look at how this is expressed in each element, and ultimately in the homeopathic remedy. In doing so, students are made aware that they are getting familiar with a map, and that this process is aided by continually sinking into and experiencing the material dynamically, as opposed to the information remaining purely conceptually.

COURSE OBJECTIVES

The objective of this course is to introduce the fundamentals of Materia Medica and Pharmacopeia. In taking this course, you will learn:

- The correspondences between the remedy source, in this case minerals and their atomic structure and electron cloud shapes, and the themes that emerge from provings.
- How the human being creates the potential for disease, and maintains disease states, through stress created when a perceived need is felt to be threatened. This misperception, which has resonances down to the quantum level of the mitochondria, must be addressed in order for healing to occur.
- How the well chosen homeopathic remedy will send the signal to the mitochondria to address this misperception, the resulting stress and its symptoms.
- The ever increasing complexity of the electron clouds and atomic structure of elements reflects the complexity of perceived needs of the human being. Maslow's pyramid is a universally accepted hierarchy of human needs that, if expanded to 7 levels from the original 5, and then superimposed on the 7 rows of the periodic table, provides a clear perception of the themes of each row as shown in provings.

More specifically in relation to the mineral kingdom and its remedies you will learn:

- The 7 distinct categories of perceived needs which correspond to the 7 rows of the periodic table
- The perceived stages of completion of those needs which correspond to the columns of the periodic table
- The sensations which are associated with the remedies of the Mineral Kingdom and how they would be expressed by a client
- To know what to listen for and how to elicit these specific indications by watching live cases that have come to cure with the help of a mineral remedy

LEARNING OUTCOMES

By the time you finish this course, you will have a solid foundation in the fundamentals of Materia Medica & Pharmacopeia and you will:

- Be able to identify a sensation that could likely emerge from a mineral proving
- Be able to identify the themes of perceived needs in clients and find the correspondence to one of the rows of the periodic table
- Have a general idea of the phase of development, completion or destruction of the condition of existence as they correspond to the columns.

FORMAT

Materia Medica and Pharmacopeia is a multimedia, online course with in-depth audio-visual presentations, recorded webinars, recorded cases, and one-on-one mentorship sessions.

COURSE EVALUATION

Evaluation is based on the grades for the quizzes as follows.

- Unit Quizzes (7) = 100%
- You are also required to have completed the mentorship sessions.

COURSE TEXTS

- McNamara, Judyann, Fiore, Adam. *MICH Materia Medica Mineral Book*. 3rd Ed, 2016. *MICH Manuals*.
- McNamara, Judyann, Fiore, Adam. *MICH Mineral Elements and the Periodic Table*. 4th ed. *MICH Manuals*

RESOURCES

- Sankaran's Schema (2005 edition)
- Sankaran, *The Spirit of Homeopathy*
- Sankaran, *The Substance of Homeopathy*
- Sankaran, *Sensation Refined*
- Sankaran, *Structure Vol 1 and 2*
- Scholten, *Homeopathy and the Minerals*
- Scholten, *Homeopathy and the Elements*
- Scholten, *Secret Lanthanides*
- Joshi, *Quick Book of Minerals and Animals*
- Murphy, *Nature's Materia Medica*
- Vermeulen, *Prisma*
- Vermeulen, *Synoptic Materia Medica 2*
- *Homœopathic Links, International Journal for Classical Homœopathy*
- Narayana, *Spectrum of Homeopathy Quarterly*
- Jayesh, *Periodic Table*
- La Roux, *Acids*
- Lee, *Mind Maps: Remedies of the Mineral Kingdom*
- Loutan, *Répertoire de Thèmes et de Matière Médicale Dynamique*
- Masi, various writings and insights
- Neesgaard, *The Man, The Miasm and the Modality - A Homeopathic Paradigm*
- Welte, *The Periodic Table in Homeopathy*



MICH Class of 2006

Cell Salts & Oligosols

35 COURSE CREDITS / 3 CEU

COURSE CODE: CSO

PREREQUISITE: FAH or homeopathic training

This advanced course of homeopathic and naturopathic supports, teaches the application of several mineral based systems developed by Schuessler (Twelve Tissue Salts), Ménétrier (Oligosols or Trace Elements Therapy) and Quinton (Ocean Therapy) respectively.

The mineral salts in the organism are present in very small quantities. As opposed to water (some 70%) and the carbon-based organic matter (proteins, fats, carbohydrates), the minerals don't provide energy, they are not building blocks, but they are the organizing principle, essential to the integrity of cellular structure and functioning. Schuessler's system of treatment is called Biochemic Therapy and is based on his understanding that the structure and vitality of the organs depend upon the presence of the inorganic constituents.

COURSE CONTENT

The course teaches in detail the characteristics of the twelve Schuessler Tissue Salts, the Trace Mineral Therapy developed by Dr. Ménétrier and René Quinton's ocean therapy. These therapies have extensive clinical histories in Europe and North America. Clinical experience of their application is extensive.

Real case examples illustrate the appropriate application of each system, and help to understand the differentiation between the three systems.

COURSE OBJECTIVES

The cell salts/oligosols course helps you develop a further understanding of the cosmic, energetic and physiological aspects of these mineral elements. The course builds on the knowledge gained of the periodic table and homeopathic understanding of the minerals in the MICH Materia Medica and Pharmacopeia courses.

LEARNING OUTCOMES

After successfully finishing the course, you will be able to apply the twelve Schuessler Tissue Salts, the Trace Mineral Therapy developed by Dr. Ménétrier and René Quinton's ocean therapy as part of homeopathic practice.

FORMAT

The Cell Salts and Oligosols course is a multi-media online self-study course with colorful audiovisual presentations and handouts.

COURSE EVALUATION

Evaluation is based on quizzes as follows.

- Unit quizzes (6): 100% of final grade

COURSE TEXTS

- McNamara, Judyann & Carla Marcelis. *The Twelve Schuessler Cell Salts*. 4th ed. Montreal: MICH Manuals, 2019
- Marcelis, Carla. *Ménétrier Trace Elements Therapies*. 4th ed. Montreal, MICH Manuals, 2019

RESOURCES

- Boericke & Dewey, *The Twelve Tissue Remedies of Schussler*. New Delhi: B. Jain Publishers, 1994.



MICH Class of 2009

Level Two Courses

PROFESSIONAL TRAINING : APPLIED TECHNIQUES

Foundations of Holistic Practice Level Two

362 COURSE CREDITS / 36 CEU

COURSE CODE: FHP-L2

PREREQUISITE: MICH Level 1

Level 2 of Foundations of Holistic Practice builds on the MICH Noumedynamic Model of Level 1 by learning ways of understanding the world from the point of view of your clients.

What is genuine to MICH is how we respect, explore and celebrate our uniqueness. We know that each of us experiences life in a distinct way through our unique perspective, and we use this knowledge to individualize our practice. We can appreciate ourselves in our complete wholeness, from birth to death, as one single experience of the cosmos experiencing itself.

True healing is the art of guiding the client through the process of finding their own inner dynamic and providing the therapeutic space to allow them to make the connections that are going to help them come to greater awareness, coherence and self regulation.

Coaching is an art, a science and a lifestyle. You don't learn coaching, you **become** a coach by learning to coach yourself, and tapping into your experience to guide clients to become experts on their own well-being, as you begin your practice as a Holistic coach at the end of Level Two.

COURSE CONTENT

Through experiential practice and guided apprenticeship you are brought through a transformation process to develop your unique healing presence. It is this dimension that embodies trust and compassion and leads to long-lasting therapeutic relationships with your clients.

in-depth training in coaching enables you to bring together many modalities into the healing process in an individualized way, and provide your clients with tools and skills specific to their particular healing journey in **structured** coaching sessions that support them in their lifestyle changes.

One such skill that helps clients to embark on a transformative healing journey that goes beyond dietary intervention and therapeutic supports, is **BACH Flower Essence therapy** based on the enneagram and an energetic understanding of the BACH flower essences unique to MICH. This is an advanced level of training builds on the BACH flower training provided in that Level Two course (description below).

HANDS ON PRACTICAL THERAPEUTIC TOOLS

In addition to our **advanced, energetically based BACH Flower Essence intervention**, you learn to apply practical techniques and specific tools to help clients suffering from emotional dysregulation, anxiety, panic attacks, depressed mental states and others in order to be able to address all forms of emotional and psychological obstacles to healing. You learn and practice state of the art therapeutic approaches such as **Voice Dialog and Meditative Inquiry** to help clients regain a harmonious physical, mental and emotional state in response to all kinds of stress.

FURTHER EXPLORATION OF THE MULTIDIMENSIONAL MODEL OF THE HUMAN BEING

- How to encourage the natural expression of human compassion
- The many dimensions of the human being and their correspondences
- The common source of both human joy and suffering
- The deeper, immaterial dimensions of stress and chronic disease
- Vital Sensation and the individual's movement through life
- The full spectrum of Stress Responses and homeopathic Miasms
- Perceived danger, misperception and trauma
- The Noumenal Realm and healing, well being, and the similimum in homeopathy
- The salient features of the Anthroposophical Medical Human Model, their application and supportive research
- The effects and role of awe in our lives and to our well being and health
- Daily practices to develop INNER SENSING of the vital force
- Compensation, and the importance of identifying uncompensated symptoms
- The concept of "shadow" in Jungian terms and the benefits of shadow-work
- The necessary stages of the development of the Psyche and Ego, and the consequences of missed or absent steps
- The process of creating our shadows and shame, with subsequent compensation and denial

MICH NOUMEDYNAMIC PROCESS OF CASE TAKING

- Acquire skills in inquiry and dialogue, including Voice Dialog and Meditative Self Inquiry
- Identify the key aspects that truly differentiate the individual and the DMN (Default Mode Network) operates in them
- Differentiating common and individualizing symptoms
- Identify the central elements of the stress dynamic and find the correspondence with homeopathic remedies
- The key components of the central delusion: the miasm and sensations
- Identify and distinguish possible miasmatic dynamics
- The three levels of Sensation language
- Identify possible sensation level language
- NHS words and gestures in case taking
- Sensation words and case taking techniques
- Differentiating sensation from miasm
- Introduction to the "Focusing" stage of case taking
- Appropriate application of focusing
- Appropriate interplay of active and passive witnessing and focusing
- Learning to perceive the "energy" level of case taking
- The process of disidentification
- Techniques to incite the process of going deeper and broader
- Individuating dynamic movement
- Susceptibility
- The therapeutic space
- How to provide feedback
- Introduction to the Case Taking & Analysis Flow Chart

PATHOGENETIC PROCESSES AND THEIR TREATMENT

- Quantum Biology and the role of Mitochondria
- Critically evaluate health and well being using the MICH F.O.R.C.E.S. Patient Self Rated Health questionnaire
- Apply critical assessment skills for what is contributing to a disease state or symptoms in every individual case
- Miasms and Allostatic Load
- The pathogenetic process to a holistic practice
- Critically appraise the advantages and limitations of the various methodologies and approaches in curing chronic disease
- Differentiating characteristics of the Plant Kingdom of homeopathic remedies
- Taxonomy and its relationship to homeopathic remedy maps
- The theoretical and practical differences between holistic "Inner" medicine and conventional "Outer" Medicine

FORMAT

Foundations of Holistic Practice is a multimedia, multidimensional, experiential online course with with engaging audio visual presentations that have been recorded live in the classroom, live case taking and video recordings of cured cases, recorded webinars, live practice sessions and casetaking exercises, and regular one-on-one mentorship.

COURSE EVALUATION

Evaluation is based on the average grades of the quizzes as well as completion of exercises, homework submissions, and Holistic Integration exercises where clinical proficiency requirements also must be met.

- Unit quizzes with assignments (8): 100% of the final grade

RESOURCES

- *Hahnemann. Organon of the Medical Art, 6th Edition. Edited and annotated by Wenda O'Reilly. Birdcage Press, 1996.*



Esteban visits Montreal, 2024

Left to right: Nada Saadi, Suzana Da Costa, Sophie Maheo, Esteban Naranjo, Mihaela Kolimetchkova, Natacha Ouellet

Clinical Practicum Level Two

128 COURSE CREDITS / 13 CEU

COURSE CODE: CP-L2

PREREQUISITE: MICH Level 1

This is the clinical aspect of the Foundations of Holistic Practice Level 2 course. It consists of all the video cases, exercises, case practice, one-on-one facilitation and clinical integration supervision sessions and is the second level of clinical training in the MICH Noumedynamic and Classical Homeopathic method.

The following skills are among those taught in this level:

- Patient facilitation: facilitating silence, and natural self exploration, following the energetic dynamic
- Identifying the patient's level and dimension of experience at all moments, learning ways to direct the exploration into deeper dimensions
- Observing Hand Gestures, Body Language and Energetic Shifts
- Matching the patient's level and dimension of experience and narrating style
- Learning to move between Witnessing and Focusing in case taking, and applying specific techniques
- Recording of Case History & Personal Data and the application and design of Intake Forms
- Note-taking
- Case Analysis & Models of Case Analysis
- Identifying the Central Disturbance and Meaningful Totality of Symptoms
- Case Follow-ups

Students participate in self evaluation with the help and feedback of their supervisors using the MICH Case Taking Competency form, and the MICH Dialogue Competency form. The explicit levels of competency help to discern and focus on areas of potential growth so that students can expand their range of skills and tools. The levels are indicators of what is being integrated in practice; they do not in any way reflect the qualities of the individual, or what might be known conceptually, theoretically.

In this level of case taking, students are moving into a phase where they are learning the more subtle aspects of facilitating silence and allowing for a natural unfolding of self exploration in the patient. This level will prepare students to begin to identify unconscious aspects as they arise in the patient.

A Clinical Practicum grade is given for integration of the teachings. The student's clinical skills are evaluated through the case taking practice and holistic integration exercises as well as their work in the facilitation and clinical integration sessions. Case taking exercises in this course are essential to clinical practicum and contribute to the evaluation of your clinical skills.

The Clinical Practicum grade is based on the submission of 4 case studies and attendance to the following one-on-one sessions:

- 1 Facilitation Mentorship session
- 4 Clinical Integration sessions

Homeopathic Principles and Practice Methodology

Level Two

105 COURSE CREDITS / 10 CEU

COURSE CODE: HPPM-L2

PREREQUISITE: MICH Level 1

In this second level of your holistic exploration of humanity, life and disease, you will learn how homeopaths over the past two hundred years have been dedicated to understanding human suffering and developing instruments to allow for the fullest use of the homeopathic healing potential. At MICH, we closely follow Hahnemann's instructions in the understanding of the patient and matching that understanding to the best similimum, the similar remedy which will address the root cause.

This level two course furthers students' understanding of homeopathic philosophy while at the same time training on the various methods of analysis such as the Homeopathic Repertory.

COURSE CONTENT

CLASSIFICATION OF DISEASE

- Hahnemannian classification
- Natural and Artificial diseases
- Acute and chronic diseases
- Hierarchy of symptoms

REPERTORISATION

- Homeopathic Repertories
- Structure (schema) of various Repertories
- Rubrics and Sub-Rubrics
- Construction of Symptom Arrangement
- Detailed examination of different sections of the Repertories.
- Repertorisation Techniques
- Identify appropriate rubrics from acute and chronic cases
- Using Repertory for confirmation
- Limitation of the use of the Repertory
- Application of different Repertories to cases
- Appropriate use and Limitations of Computer Repertory
- Refinement in Rubric Choice, Differentiation and Creativity

CHOOSING THE SIMILIMUM

- How to identify what is to be treated and the susceptibility of the patient.
- How to identify the core delusions and sensations.
- Verify the choice of remedy in Materia Medica
- Etiology of Disturbance
- Treatment
- Selection of remedy and potency
- Selection of method of administration and frequency of dosage
- Case Management
- Follow-up
- Second Prescription
- Hering's Law of Direction of Cure
- Identification of other factors which could have influenced the case

FORMAT

Homeopathic Principles and Practice Methodologies Level 2 is a multimedia online course with audio-visual presentations, recorded webinars, case study exercises and regular one-on-one mentorship sessions.

COURSE EVALUATION

Evaluation is based on the average of the grades of the unit quizzes as well as completion of exercises, and homework submissions.

- Unit quizzes with assignments (7): 100% of final grade
- You are also required to have completed the mentorship sessions.

RESOURCES

- *Hahnemann. Organon of the Medical Art, 6th Edition. Edited and annotated by Wenda O'Reilly. Birdcage Press, 1996.*
- *Murphy. Homeopathic Clinical Repertory, 3rd Edition, 2005.*
- *Kent. Lectures on Homeopathic Philosophy.*
- *Roberts. Principles of Art and Cure.*
- *Close. The Genius of Homeopathy.*
- *Vithoulkas. The Science of Homeopathy.*
- *Yasgur's Homeopathic Dictionary.*



Carla Marcelis (ND, DHom, DHP, Drs) MICH Co-founder, Teacher (Health Sciences, Homeopathic Principles and Practice Methodology and many others) and Supervisor, organizes missions with students and graduates to areas in the world where help is needed. She has conducted clinical research projects which have demonstrated the effectiveness of homeopathic treatment of Chagas, Dengue and Chikungunya.

Materia Medica and Pharmacopeia Level Two

102 COURSE CREDITS / 10 CEU

COURSE CODE: MMP-L2

PREREQUISITE: MICH Level 1

In this course, the remedies of the plant kingdom, the most extensive kingdom in the Homeopathic Materia Medica have also been grouped for ease of study and eventual prescription of the similimum (similar remedy).

Since the late 1990s, homeopaths have been able to prescribe deeper acting, and more effective plant remedy similimums (similar remedy which addresses the cause of disease) by matching a plant remedy which provided the same sensation in a proving as the client is experiencing.

What emerged from a study of the thousands of provings were the provers' deep energetic experiences of "sensations": common to large numbers of plant remedies. Thus, Dr. Rajan Sankaran and many other homeopaths began to group plant remedies according to similar sensations, active or passive reactions and compensations to those sensations.

This plant remedy map has been expanded by other homeopaths. One such example is Jan Scholten, a homeopath of great renown, who also first introduced the idea of using the periodic table as a guide to themes found in homeopathic mineral remedies. Using the APG system of classification, he has extended the sensation map using taxonomy or phylogenetics. The evolutionary hierarchy of plants can be considered as levels of complexity, much like the rows of the periodic table. Thus enabling us once more to find the correspondence to the perceived need in the patient. This approach is introduced in the Clinical Practicum of Level Two and further applied during the Clinical Internship in Level Three.

COURSE CONTENT

Each unit of level two deepens the student's familiarity with Sankaran's map of the plant kingdom and with the vocabulary, content and layout of Sankaran's Schema for plant families according to his map. By the end of the course, all the families will have been studied. The MICH Method of case-taking brings out some of the basic categories of characteristics which are useful in using this map. Teaching focuses on these categories of characteristics and how they relate to each other.

- The Conditions of Existence (What conditions must be present for that "whole" to exist as a unique whole.)
- The Sensations related to the Conditions of Existence. (Sensation)
- Reactions to the Sensations experienced, and the pace and intensity with which they are expressed. (Sensation & Miasm)
- Perception of depth, urgency and hope around attaining the conditions of existence. (Miasm)

COURSE OBJECTIVES

- The relationship between the deep energetic sensations in a human being and the corresponding physical, mental and emotional symptoms that are present
- The dimension on which these sensations occur and how to elicit them from the client
- The relationship between sensations, and associated reactions and compensations and other aspects of behavior that have their root in the deep energetic sensation (often unconscious)
- The distinct categories of sensation that correspond to the individual plant families
- How to distinguish the plants within a grouping or family
- The pace and mode of reaction and how it corresponds to the miasm of the remedy within that group
- The key distinguishing features of the homeopathic plant remedies that are also herbal medicines
- To know what to listen for and how to elicit the sensation level by watching live cases that have come to cure with the help of a plant remedy

LEARNING OUTCOMES

After finishing the course, you will be able to:

- Identify a sensation that could likely emerge from a plant proving
- Recognize a passive reaction, active reaction, or compensation, in relation to the deep energetic sensation
- Differentiate plants within the same group according to vital reactions or miasms
- Utilize the plant map to find plant remedies

FORMAT

Materia Medica and Pharmacopeia is a multimedia, online course with audio-visual presentations, recorded webinars, recorded cases, interactive exercises, case taking practice and one-on-one regular mentorship and practice sessions.

COURSE EVALUATION

Evaluation is based on the average of the grades of the unit quizzes as well as completion of exercises, and homework submissions. A minimum grade of 70% is required in order to pass the courses.

- Unit quizzes with assignments (10): 100% of final grade
- You are also required to have completed the mentorship sessions.

COURSE TEXTS

- McNamara, Judyann. *Differentiation of Plant Families*. 2nd ed. MICH Manuals
- *Taxonomy for Homeopathy*
- *The Scholten Plant System*

RESOURCES

- *Sankaran's Schema (2005 edition)*
- *Sankaran, An Insight into Plants Vol I, II, III*
- *Sankaran, Sensation Refined*
- *Sankaran, The Soul of Remedies*
- *Murphy, Nature's Materia Medica*
- *Homœopathic Links, International Journal for Classical Homœopathy*
- *Narayana, Spectrum of Homeopathy Quarterly*
- *Vermeulen, Prisma*
- *Vermeulen, Synoptic Materia Medica 2*
- *Sankaran and Petri, Sankaran's Plant Sensations in Pictures*
- *Scholten, Wonderful Plants*
- *Loutan. Répertoire de Thèmes et de Matière Médicale Dynamique.*
- *Masi, various writings and insights*
- *Neesgaard. The Man, The Miasm and the Modality - A Homeopathic Paradigm*
- *Desai. Magnificent Plants 1 & 2*
- *Lee. Homeopathic Mind Maps. Plant Kingdom.*



MICH Class of 2012

Pathology & Pharmacology

260 COURSE CREDITS / 26 CEU

COURSE CODE: PP

PREREQUISITE: Anatomy & Physiology

The current medical model of pathology defines disease as a state with distinctive symptoms usually induced by a pathogen, a protein, or some other chemical culprit. Most medical treatments are aimed at suppressing the symptoms, without addressing the deeper, immaterial cause.

It is the immaterial Vital Force or Life Force that is at the basis of both health and disease. The Life force that stimulates our adrenaline, increases our breathing, and contracts our muscles when we run or play, is the same force that causes heart attacks and the pain of arthritis, and creates our susceptibility to pathogens and disease states. Understanding this dynamic movement of life within our organism involves shifting from a materially-based (antiquated allopathic) model to a third millennia, quantum view.

COURSE CONTENT

The course will bring you through the various organ systems and their most common pathologies while teaching at the same time how to question the materialist view of disease.

Like other pathology courses, this course will explain the pathophysiological processes of disease development for various conditions, the stages of disease, their pathognomonic symptoms and the pharmacological approaches used in current allopathic (western) medicine. Including: Major Effects and Side-Effects of Other Commonly Used Medicinal Substances and Therapeutic Interventions and the Purpose, Significance and Effectiveness Of Commonly Administered Diagnostic Tests, Examination and Assessment Techniques.

In this course, you will learn the common medical language that will help you communicate with medical and other health care practitioners and provide a basis for the understanding of homeopathic case management of complex cases.

Unlike other courses, the MICH Pathology & Pharmacology follows a holistic, energetic model of health and the importance of treating an individual's susceptibility to disease. In addition to quantum biology considerations, leading-edge research and the deeper dimension of the life force and susceptibility, the innovative combination of Pharmacology with the study of Pathology facilitates the understanding of both subjects. It is crucial for all health practitioners to know the side effects of pharmaceutical drugs and how they can be alleviated with homeopathic care.

Carla Marcelis teaches this course in collaboration with Judyann McNamara so that together, they bring to life the many dimensions of the living body. This is a fully accredited course required by most alternative and complementary professional associations.

COURSE OBJECTIVES

The course aims at providing students with an understanding of current western Medicine's views pathology and disease processes in the wider context of a holistic, energetic model of health and individual susceptibility to disease. Through the innovative combination of pathology with pharmacology you are facilitated in your understanding of both subjects as the actions of pharmacological drugs are studied within the context of the disease symptoms they are meant to address.

LEARNING OUTCOMES

By the end of the course, you will:

- Know and understand the pathophysiological processes of disease development
- Understand the concept of stages of disease and be able to apply it to various conditions
- Describe the various tools used in health care and how they are used in the diagnosis and treatment of pathological conditions.
- Understand the action of specific groups of pharmacological drugs and their side effects

And you will be able to:

- Communicate with confidence to both patients and other health professionals using medical terminology.
- Link your learning with your homeopathy training, remedy knowledge and repertorizing skills.
- Distinguish symptoms common to disease from those that are individual to the client and therefore are invaluable for homeopathic assessment.
- Differentiate between pathognomonic and individualizing symptoms.

FORMAT

Pathology and Pharmacology is a multi-media online self-study course with colorful audiovisual presentations and recorded webinars.

COURSE EVALUATION

- Unit quizzes (20): 70% of final grade
- Final Exam: 30 % of final grade

COURSE TEXTS

- *Ross & Wilson. Anatomy and Physiology in Health and Illness, 13th Edition.*

RESOURCES

- *Merck Manual of Home Health Handbook and Merck Manual for Professionals.*

BACH Flower Therapeutic Course

40 COURSE CREDITS / 4 CEU

COURSE CODE: BFE

PREREQUISITE: MICH Level 1 & MMP L2

In Level Two you learn about the healing power of the Plant Kingdom and its evolution from the simplest unicellular plants to the most evolved, complex flowering plants, the Angiosperms. The flower is the highest stage of evolution of the plant, it is the self-realization of the plant, and thus their energetic preparations encourage self-realization in humans.

When the energetic essence of the plant is extracted in the way that Dr. Edward Bach discovered and perfected, we find wonderful support for our own well-being, evolution, and growth. They are our intimate friends and spiritual guides.

In this course you will learn how to use the Bach Flower Essences as an invaluable and powerful tool for self growth, self-awareness, and healing, as well as an important complement to homeopathic practice.

We will use the opportunity offered in studying the essences to further your understanding not only of plants, but of case taking practice and prescribing - for humans of all ages, and all types of animals! Bach flower essences help clarify the case, and support your clients towards self-realization, self-knowledge, and healing.

Anyone who uses the Bach flowers remembers the very day that they discovered them and the magical dimension they brought to their life. They will accompany and support you during your entire life's journey, and those of everyone you help.

COURSE CONTENT

- The Life and Work of Dr. BACH
- Applications of Rescue Remedy and its Essences
- First Aid for Infants, Children, Adolescents and Adults
- Animal Care: Using Observation to Intuit Subjective Experience

COURSE OBJECTIVES

Unique, In-depth Understanding of healing with Plants

This course further expands your understanding of the Plant Kingdom, using the unique MICH Materia Medica of the BACH flowers to help you to develop your case taking and case analysis skills.

The MICH BACH Flower Materia Medica will help you further integrate the key elements for understanding the unique expression of every being. Because there are only 38 essences, the Bach

Flowers also provide a very accessible, easy way to practice your repertorization skills as well. We have created a dedicated Bach Flower repertory to help you distinguish essences.

Developing Holistic Therapeutic Coaching Skills

Because the Bach system is so simple to use, it is also the opportunity to engage in and empower your clients in their own healing. The process is one of dialogue and inquiry where you can invite the client to participate in helping you choose an essence or essences and thus help them get objectivity around themselves and their state. Additionally, you can teach them how to use the essences, with the simple handouts provided in this course.

Being a MICH Holistic Practitioner is much more than prescribing remedies and essences, it is a complete, whole person, integrated approach. The MICH practitioner knows how to accompany the individual in the ever evolving process of self awareness through self inquiry, and come to a shared understanding of the root cause, contributing factors AND obstacles to cure. The MICH approach is not only Holistic, it is Integrative, bringing together Homeopathy, Naturopathy, Diet, Lifestyle changes and Mental-Emotional supports and skills. This course acts as the practical basis for a unique advanced application of the BACH flower essences that you will learn in the final units of the course: Foundation of Holistic Practice Level 2.

LEARNING OUTCOMES

By the end of the course, you will:

Understand

- The unique role that Flower essences can play in Human evolution
- The support provided to children and animals by the BACH flowers

Know

- How to assist the flowering of other individuals through case taking and essences
- How to involve your client in their healing process, and coach them through their process
- About the discovery and development of the Bowel Nosodes
- About the many different “similimums” that can be used to support an individual
- How to observe animals and prescribe on the basis of observation
- How to support infants and children in their development

And be able to

- Use Flower essences in your study, internship and professional practice - beginning today
- Use Flower essences before, during and after homeopathic treatment
- Use Flower Essences in first aid situations, as complements to the first aid remedies

FORMAT

A multi-media online self-study course with mentorship..

COURSE EVALUATION

- 4 Unit quizzes & Case submission

All required course texts are included and available for download.

Holistic Nutrition Coaching

70 COURSE CREDITS / 7 CEU

COURSE CODE: HNC

PREREQUISITE: MICH Level 1

This Intermediate course builds on the basic aspects of nutrition and nourishment taught in the Foundation Level and brings in a number of tools that can help point at how a person's diet relates to their symptoms and even impacts their health. It is now well established that specific dietary habits, such as overeating sugar, fat or meat are related to diseases including diabetes, heart disease or cancer. Apart from these well-known causes, in a more subtle way our dietary beliefs and our way of eating can lead to mental-emotional and physical imbalances and can be an obstacle to wellness.

A MICH Holistic Coach empowers clients to better their health by providing a safe space to explore all aspects of their well-being, applying holistic, personalized dietary guidance and other MICH core concepts for a deeper understanding of health. MICH takes an integrative and holistic approach to health, looking beyond food to consider other areas of life that need nourishment, like career, physical activity, and relationships.

You learn to work with clients for many reasons, such as a desire to lose weight, boost energy, prioritize self-care, or create healthier relationships through personalized diet and lifestyle changes. You will be working with clients to help them discover the best wellness routines that work for them and empower them to meet their unique health goals.

Using the tools in this course help you detect whether your client's symptoms relate to their diet and whether their diet could be an obstacle to regaining health. You will be learning how specific tools can be used to better understand your client's eating habits and how to coach them towards improvements if these are needed. You will be learning how you can read from these tools whether the person is digesting their food properly and getting all the necessary nutrients from their diet, how their relationship is to their food and whether there is an imbalance in what they're eating.

COURSE CONTENT

- Nutritional symptomatology
- Using the Intake Form to understand dietary habits
- Food Diary and coaching
- Diets as Obstacle to cure
- Coaching on the Diet
- Supplementation

LEARNING OUTCOMES

Expanding your understanding of the impact of nutrition and diet on health:

- How diet and one's relationship to food relate to health and disease
- How eating habits and beliefs around food can be Obstacles to cure

Develop your nutrition analysis skills in cases

- How to apply the different tools to identify dietary insufficiencies
- How to identify possible Obstacles to cure in the diet
- Analyze the symptom questionnaire, intake form and food diary to discover dietary imbalances

Developing your Coaching Skills:

- The role of Coach, and the importance of learning Coaching skills for your practice
- How to involve your client in their healing process, especially in their relationship to food and nutrition and coach them through their process
- Address Obstacles to Cure with nutritional interventions

FORMAT

Holistic Nutrition Coaching is a multi media, online course with presentations, recorded webinars and one-on-one mentorship sessions. The course consists of 5 units. Students are expected to read the appropriate texts, watch the videos, do the exercises and prepare the assignments, requiring approximately 10 hours per unit.

COURSE EVALUATION

Evaluation is based on the grades for the quizzes and assignments from the holistic integration exercises as follows. In order to pass the course a minimum of 70% is required.

- Unit Quizzes with assignments (5) 70%
- Case assignments (2) 30%
- You are also required to have completed the mentorship session.

COURSE TEXTS & RESOURCES

- Ballentine, Rudolph. *Diet & Nutrition: a holistic approach*. Honesdale: The Himalayan Institute Press, 2007. ISBN: 9780893890483
- Colbin, Annemarie. *Food and Healing*. New York: Ballantine Books, 1986. ISBN: 0345303857
- Pitchford, Paul. *Healing With Whole Foods: Asian Traditions and Modern Nutrition*. North Atlantic Books; 3rd edition, December 2002. ISBN: 9781556434303

Level Three Courses

PROFESSIONAL TRAINING : SUPERVISED INTERNSHIP

Foundations of Holistic Practice Level Three

80 COURSE CREDITS / 8 CEU

COURSE CODE: FHP-L3

PREREQUISITE: MICH Program Level 2

In this, the third level of the program, the student is accompanied through the final stages of preparation for their holistic practice. The student is exposed to advanced topics in order to extend and develop their skills to encompass the leading edge of the most current developments in homeopathic medicine and holistic health.

Keep in mind that these teachings are usually considered “post graduate” level training and methods of practice, but we feel that they are essential to help you achieve the best results possible in order to start your career with the greatest advantage. The focus of the lessons is on video and live cases to invoke the deeper integration, and broader comprehension required for effective professional practice. Parallel to the FHP units, the emphasis in this level is on clinical practice and clinical supervision. The course content described below relates to all three courses: FHP-L3, Clinical Practicum L3 and Clinical Internship.

COURSE CONTENT

FURTHER EXPLORATION OF THE MULTIDIMENSIONAL MODEL OF THE HUMAN BEING

- The Human Microcosm
- The process of evolution
- Anthroposophical Medicine energetic model of human birth and child development
- The role of the ego in health
- Environmental sensitivity
- Archetypes and archetypal energy in the practice of Homeopathy
- Inner conflicts and duality
- Further exploration of striving, stress and susceptibility
- The symbolic dimension of projection
- The Narrative, Experiential, and Contemplative Brains
- The three “eyes” : Reason, Physical, and the Inner eye of contemplation

MICH NOUMEDYNAMIC PROCESS OF CASE TAKING

- The differences between child and adult case taking
- The 5 important considerations in child case taking
- Homeopathic Constitutions in child case taking
- The use of drawing in case taking
- How to use the sensation method, and the soul level in child case taking

-
- Observations
 - How to get a child to embark in the process
 - Pertinent information about the mother's pregnancy in a child case taking session
 - How to address denial in children
 - How to bring a child to next level
 - Exploring the symbolic dimension of projection with clients
 - Exploring striving (or absolute), conditions of existence, areas of stress and susceptibility, delusion, and sensation
 - The atmosphere, attitude and dialogue space created by the homeopath
 - The indications in a case that lead us to the Animal Kingdom of remedies
 - Identifying central themes
 - Maintaining your "inner eye of contemplation" and remain connected to the flow of consciousness during your case taking
 - The many ways that the Narrative Brain interferes in our ability to sink into the true cause of suffering.

PATHOGENIC PROCESSES AND THEIR TREATMENT

- The implications of Organic Chemicals both in modern life and homeopathy

THE ADEPT USE OF OUR HOMEOPATHIC TOOLS

- Kent's basis of understanding for the repertory
- Applying Taxonomy to Homeopathy
- Homeopathic remedy maps based on evolution
- The Lanthanide remedies: modern minerals
- Key proving themes of the Lanthanides and Actinides
- Using the Scholten system of classification of plant remedies with the MICH method
- Plant and Mineral Remedy correspondences
- Applying the dynamic understanding put forward by Dr. Masi, and developed by Drs Fayeton and Loutan
- Insights to remedies from the Animal Kingdom
- How to integrate the Joshi Animal MAP system into the MICH Method
- Sankaran's mineral themes, Scholten's and Welte's themes and the Joshi MAP integrated into one approach
- Applying the Noumedynamic MICH case chart as the optimized tool to make use of available resources
- Using the Working Case Template to facilitate the process of case analysis and writeup
- Extracting and synthesizing the pertinent aspects of a case
- Use the Working Case Template to analyze a case
- Use evaluation tools in the follow-up

FORMAT

Foundations of Holistic Practice is a multimedia, experiential, interactive online course with recorded live cases, recorded webinars, live class recordings, and regular one-on-one mentorship, integration and practice sessions. The course consists of 7 units. Students are expected to read the appropriate texts, watch the videos, participate actively in case taking, practice the exercises and prepare the assignments, (which include case write ups) requiring approximately 10 hours per unit.

COURSE EVALUATION

Evaluation is based on the average of the grades of the unit quizzes, completion of exercises, homework submissions, and Holistic Integration exercises.

- Unit quizzes with assignments (7): 100% of final grade

Clinical Practicum Level Three

128 COURSE CREDITS / 13 CEU

COURSE CODE: CP-L3

PREREQUISITE: MICH Program Level 2

In this, the third level of the program, the student is accompanied through the final stages of preparation for their holistic practice. The student is exposed to advanced topics in order to extend and develop their skills to encompass the leading edge of the most current developments in homeopathic medicine.

The case practice, facilitation and clinical integration supervision sessions in this level provide an advanced level of clinical training in the MICH Noumedynamic and Classical Homeopathic method.

In this level, you learn the most subtle skills required in the MICH Noumedynamic Case Taking Method, so that there is an ease and complete trust in the process. The final pieces of case analysis are integrated in the complete MICH Method which brings you step by step from your case notes and observations, to finding the core, the root cause, and finally to identifying the remedy most suited to the patient: prescribing the optimal similimum.

COURSE EVALUATION

Your Clinical Practicum mark will be composed of the submission of 4 case studies and attendance to the following one-on-one sessions:

- 2 Clinical Supervision Mentorship Sessions
- 1 2-hour Clinical integration Mentorship Session



Melissa Dair, B.Ed., DHom, ND MICH Co-founder, teacher and Julia Thompson, a MICH graduate and nurse

Melissa Dair is an experienced educator who brings the leading edge of education to MICH. She is our gifted teacher of the Noumedynamic Method. Melissa guides our students and interns throughout their entire training with her superlative expertise in the therapeutic relationship and therapeutic inquiry in personalized one on one training sessions and group practice. A wonderful mentor.

Clinical Internship

360 COURSE CREDITS / 36 CEU

COURSE CODE: CP-L3

PREREQUISITE: MICH Program Level 2

In the Level Three Supervised Internship, personal guidance is offered as students enter their own case taking of 55 cases. In addition to all clinical case work done during the clinical sessions, students are actively involved in the supervised case taking and case management of a minimum number of 50 patients, covering a range of conditions.

The clinical internship is organized to provide a range of supervised clinical learning experiences that facilitate the integration of the knowledge, practical skills and professional ethics.

In the real life clinical experience, the intern is the homeopath and responsible for the case, while under direct supervision by an experienced practitioner who provides immediate feedback and guidance. Evaluation and feedback based on the MICH case taking competencies that have been taught in class. The focus is on practical application of all aspects of case taking and case management under the supervision of experienced homeopaths. Students become comfortable using and adapting the following forms and tools for their practice:

- Recording of Case History & Personal Data
- Consent Forms (general and video consent for taping of supervised sessions)
- Intake Forms
- Note-taking
- Case Analysis using different Models of Case Analysis
- Identifying the Central Disturbance and Meaningful Totality of Symptoms
- Applying the MICH Method case chart as the optimized tool for applying remedy resources
- Using the Working Case Template to facilitate the process of case analysis and case write-up
- Case Follow-ups using the MICH Noumedynamic follow-up chart (FORCES).

A full set of parameters shows the students what is expected from them in their clinical internship, and for the submission of 50 cases. The numbers of Chronic cases, Child cases, Adults over 60 years old, Infants and First aid cases are well outlined, as well as the requirements for remedy supervision and follow-up. Further to these 50 cases, MICH requires 5 full case submissions of successful cases with four to six months follow-up for each, and that are to be completed with precise criteria for presentation. Interns are to select cases where marked, sustained, undeniable improvement was evidently attributable to successful homeopathic care. In the follow ups, they need to demonstrate their abilities in case management. Where applicable, identify the intensity of the original symptoms, and the degree of improvement using the MICH FORCES chart.

Applied Principles and Practice Methodology Level Three

210 COURSE CREDITS / 21 CEU

COURSE CODE: APPM-L3

PREREQUISITE: MICH Program Level 2

In this third and applied level of your exploration of humanity, life and disease, you will learn about the evolution of the human being and the ego. You will explore the anthroposophical understanding of human development and the role of disease in the individuation process. You will look at miasms and constitutions as ways to understand influences on human development, especially useful in understanding infants and children.

As part of the study of the pathophysiological processes in homeopathy, you will also learn some of the ingenious modalities developed by renowned practitioners of homeopathy. The teachings in this course are usually considered “post graduate” level training and methods of practice, which we offer to help you achieve the best results possible for your practice.

COURSE CONTENT

APPM provides you with tools for the situations where you may need additional information to what the MICH method can provide, such as situations where there is an impediment to communication (client is too young, too sick, or too old) or there is a need for using homeopathy as supports for the whole organism in a truly integrative way.

Homeopathy has a long history of attempts to understand the individual “from the outside” (external symptoms and observation). During the decades of evolution of homeopathic practice, a number of interesting insights about physical constitutions, diatheses, terrains, miasms and temperaments were made. This understanding can add yet another rich dimension to your practice.

The MICH Pediatrics Manual is a guide and reference book to these approaches and understandings. This guide provides additional insights and reference points that can confirm your intuitive sense as you improve your observation skills, especially when treating newborns and infants.

The course also integrates the teaching of materia medica of “small” remedies through their expression in pathophysiological processes as observed in homeopathic provings and clinical cases. Remedies display importance in specific organ systems (often referred to as keynote or black letter symptoms) and therefore studying them by organ system provides you with yet another tool for your practice. Repertory practice exercises will enhance this study.

Some of the subjects covered include:

- Integrated functioning of all systems of the body in relationship to homeopathic remedies.
- Various stages of mental, emotional and physical development throughout life in relationship to homeopathic remedies.
- Functional disorders and pathological processes of the human being including differential diagnosis in relationship to homeopathic remedies.
- To gain understanding of the homeopathic model of the human being in health and disease.

The above content will be looked at with reference to disorders of the following:

- Integumentary (Skin And Connective Tissues) System
- Musculo-Skeletal System
- Gastrointestinal
- Respiratory System
- Cardiovascular and Haematological System
- Immunological System
- Reproductive (Including Obstetrics) System
- Urinary System
- Endocrine System
- Neurological System
- Special Senses
- Mental and Emotional
- Areas Such as Oncology, Pediatrics, Geriatrics, Infectious Diseases, Social Medicine
- Common Surgical Procedures and Anesthetics
- Basic First Aid Techniques for Effective Emergency Intervention
- External etiologies
- Drug Abuse, Nutrition, Lifestyle Diseases

COURSE OBJECTIVES

This course has the purpose of providing you with a deep and all encompassing understanding of homeopathy to enable you to apply all methods of homeopathic practice judiciously. You will have an understanding of the true causes of disease, and a holistic understanding of the totality of symptoms.

You will be able to discern where and how each of the various homeopathic methodologies (unicist, homo-toxicology, combination prescribing, nosodes, drainage, organotherapy, etc) fit into the greater whole of the science of homeopathy.

LEARNING OUTCOMES

This course and its associated readings give you a solid foundation in the experimentation, the clinical experience, and the medical understanding of the system of homeopathy. Following this course ensures that you will possess the knowledge required by any professional association of homeopaths, and includes but is not limited to:

- Use the Materia Medica, select Rubrics and use the Repertory judiciously.
- Apply case management principles.
- Apply various homeopathic methodologies appropriately.
- Use The Organon as a resource tool both as an intern and as a practitioner
- Explain the role and place of homeopathy in the treatment of disease

FORMAT

Applied Principles and Practice Methodology Level 3 is a multi-media online course with engaging audiovisuals, case practice exercises and recordings of webinars and live classroom teaching. It includes regular one-on-one mentorship sessions.

COURSE EVALUATION

Evaluation is based on the average of the grades of the unit quizzes as well as completion of exercises, and homework submissions.

- Unit quizzes with assignments (9): 100% of final grade
- You are also required to have completed the mentorship sessions.

COURSE TEXTS

- McNamara, Judyann. *MICH Pediatrics Manual. 4th ed. MICH Manuals*
- McNamara, Judyann and Carla Marcelis. *Organ Affinity Remedies Manual. 2nd ed. MICH Manuals*

RESOURCES

- *Sankaran's Schema*
- *Murphy's Homeopathic Clinical Repertory*
- *Murphy's Nature Materia Medica*
- *Nash, Therapeutics*
- *Burnett, Therapeutics*
- *Allan's Encyclopedia*

Materia Medica and Pharmacopeia Level Three

102 COURSE CREDITS / 10 CEU

COURSE CODE: MMP-L3

PREREQUISITE: MICH Program Level 2

This Third Level of Materia Medica and Pharmacopeia explores the understanding and application of homeopathic remedies from the Animal Kingdom, subkingdoms and differentiations.

In the last decade, great strides have been made to expand the number of accessible animal remedies. Through provings and cured clinical cases, themes of survival and competition have been uncovered as the underlying thread that differentiates animal kingdom remedies from those of plants and minerals. Within the animal kingdom, survival mechanisms distinguish the different subkingdoms and groups.

The MICH team has worked arduously to create extensive materia medica reference documents that span over numerous subkingdoms for our students and graduates. We continue to update these documents with the most recent clinical evidence and provings so that the whole MICH community remains current with the latest homeopathic resources.

Such materials are usually considered “post graduate” training in other schools, and graduates are left on their own to integrate new discoveries and methods into their practice by going to conferences. However, we feel that MICH students should have access to the leading edge in homeopathy before and after they graduate so as to optimize their results and start their career with the greatest advantage.

COURSE CONTENT

The focus of this course is on the specific traits as expressed by the individual whose disease picture would best be addressed with a remedy from the animal kingdom. Students learn the specific themes of the animal kingdom as well as the distinguishing features of remedies of each of the subkingdoms.

Unique features are key to differentiating the remedies made from these sources, and applying them to what is unique in our clients. When we understand these unique traits and their evolution, their roles and relationships, it is easier to see the connection to the source remedy as expressed by the client. Some examples of the subjects taught are listed below.

ANIMAL KINGDOM REMEDIES

- Specific traits
- Specific likes or dislikes
- Social behavior
- Survival mechanisms
- Specific competitive behavior
- Sexual behavior

INSECT & SPIDER REMEDIES

- Differentiation between the orders of insects
- Characteristics and expression at the human level
- Insect and spider comparison

MAMMAL REMEDIES

- Human Expression of Mammal Themes
- General Themes of Mammal remedies
- Dynamic movements and NHS words
- The role of miasms in differentiation
- Differentiating remedies from the same subkingdom
- Differentiating between mammals.

NOSODE REMEDIES

- Unique characteristics of the Source Level
- Expression at the Human Level
- Miasms and Nosode remedies

SNAKE AND REPTILE REMEDIES

- Unique characteristics on the Source Level
- Expression at the Human Level
- Family Descriptions in Detail

SEA ANIMAL REMEDIES

- Themes of the Sea
- Characteristics and Human expressions
- Remedy differentiation

BIRD REMEDIES

- Bird Themes
- Human Expression in Bird Remedies
- Carnivorous birds features
- Common Pathologies
- Differentiation with Mammal remedies

FUNGI REMEDIES

- Fungi Themes and Keywords
- Lichen themes
- Fungi and Plant Differentiation
- Fungi and Nosode differentiation

COURSE OBJECTIVES

The course teaches you:

- How to identify what has to be present in a case for the homeopath to utilize an animal remedy as similimum, and in doing so, to understand the aspects of the case that a mineral or a plant remedy would not cover
- The relationship between survival strategies and the chronic stress they incur in a human being and the corresponding physical, mental and emotional symptoms that are present
- The dimension on which these strategies occur and how to elicit them from the client
- The relationship between symptoms on all levels and preoccupations with survival (often unconscious)

LEARNING OUTCOMES

By the end of the course, the student will be able to:

- Identify which particular features, conflicts and dualities are most pertinent to the animal kingdom and how these would be most optimally covered by an animal remedy.
- Differentiate between animal subkingdoms.
- Differentiate animal remedies within the same group accdg to vital reactions and sensations.
- Listen for and elicit these specific indications by watching live cases that have come to cure with the help of an animal remedy.
- Identify a sensation, survival strategy or animal themes that could likely emerge from an animal proving and homeopathic Materia Medica.
- Fill out specific survival mechanisms and complex strategies related to competition and survival.

FORMAT

Materia Medica and Pharmacopeia Level 3 is a multimedia online course with audio-visual presentations, live recordings of cured cases, and regular one-on-one integration, practice and mentorship sessions.

COURSE EVALUATION

Evaluation is based on the average of the grades of the unit quizzes as well as completion of exercises, and homework submissions. You are also required to have completed the mentorship sessions.

- Unit quizzes with assignments (7): 100% of the final grade
- You are required to complete the mentorship sessions.

COURSE TEXTS

- McNamara, Judyann et al. *Mammals*. 4th ed. MICH Manuals
- McNamara, Judyann, et al. *Snakes*. 4th ed. MICH Manuals
- McNamara, Judyann, et al. *Arachnida: Spiders, Scorpions, Mites*. 3rd ed. MICH Manuals
- McNamara, Judyann, et al. *Insects*. 3rd ed. MICH Manuals
- McNamara, Judyann et al. *Sea Creatures: Porifera, Sponges, Cnidaria, Jellyfish, Anemone, Corals*. 2nd ed. MICH Manuals
- Fiore, Adam. *Fungi Kingdom in Homeopathy*. 1st ed. MICH Manuals
- McNamara, Judyann et al. *Nosodes*. 2nd ed. MICH Manuals

RESOURCES

- | | |
|---|--|
| <ul style="list-style-type: none">• Sankaran's Schema (2005 edition)• Sankaran, <i>Sensation in Homeopathy</i>• Sankaran, <i>Sensation Refined</i>• Sankaran, <i>Soul of Remedies</i>• Murphy, <i>Nature's Materia Medica</i>• Vermeulen, <i>Prisma</i>• Vermeulen, <i>Synoptic Materia Medica 2</i>• Vermeulen, <i>Fungi</i>• Loutan, <i>Répertoire de Thèmes et de Matière Médicale Dynamique</i>.• Masi, <i>various writings and insights</i>• Neesgaard, <i>The Man, The Miasm and the Modality - A Homeopathic Paradigm</i>• Lee, <i>Homeopathic Mind Maps. Animal Kingdom</i>. | <ul style="list-style-type: none">• Joshi, <i>Quick Book of Minerals and Animals</i>• Joshi, <i>Homeopathy & Patterns in Mammals</i>• Joshi, <i>Nosodes and Imponderables Come Alive</i>• Joshi, <i>MAP of Invertebrates</i>• Van Der Zee, <i>Miasms</i>• Mangialavori, <i>Post Graduate course books</i>• Shore, <i>Birds</i>• La Roux, <i>Butterflies</i>• Herrick, <i>Animal Minds</i>• <i>Homœopathic Links, International Journal for Classical Homœopathy</i>• Narayana, <i>Spectrum of Homeopathy Quarterly</i>• Evans, <i>Sea Remedies: Evolution of the Senses</i> |
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Nutrition in the Homeopathic Practice

70 COURSE CREDITS / 7 CEU

COURSE CODE: NHP

PREREQUISITE: Holistic Nutrition Basics

This clinical course, with hands-on, practical case work, teaches the application of nutrition for various health challenges within your Holistic practice. It is a wonderful opportunity to be personally mentored in case management.

May Food Be Your First Medicine - Hippocrates was clear in his teachings: Food first, then medicine. We often forget about the impact a change of diet can make on someone's health. In these "modern" times, many people eat diets that are far removed from what our ancestors ate: simple fresh foods, prepared naturally and full of vital force enhancing energy. When someone with a standard diet becomes sick and comes to us for guidance, we can suggest often simple changes in diet to help them feel better.

Understand Nutritional Information - Although much information is available about eating and diets, it is often difficult to wade through this information and find the gems that will truly help make someone feel better. Is it good to avoid gluten or dairy? Why? And what about meat, eggs? How do these foods contribute to health or disease?

Feed Your Microbes - Do you know that homeopaths from about a century ago were able to detect change in bowel flora in sick and hospitalized patients? Dr. Edward Bach, a bacteriologist working at the London Homeopathic Hospital set out to develop homeopathic remedies targeted at these species, and the bowel nosodes - remedies prepared from fecal bacteria - were born.

A large number of chronic diseases is linked to changes in the bowel flora (dysbiosis), to start with common intestinal problems such as Inflammatory Bowel Diseases (Crohn's and Ulcerative Colitis). How does the diet impact these microbial communities? What dietary changes can help them and therefore help your clients?

Reduce Inflammation - The process of inflammation is part of the organism's way of attempting to return to health. In chronic disease, the inflammatory process can get in a loop and become a limitation to the healing process. Dietary factors can increase or reduce inflammation and the course provides information to help your clients make dietary choices that reduce the risk of inflammation.

Help your metabolism - Many chronic diseases are related to excess weight and obesity. There is no miracle to help someone to lose weight, reduce insulin resistance and have better glucose tolerance but there is much information from long-term studies that can be used to build someone's diet plan.

Dietary support during cancer treatment - One of the categories of chronic disease is cancer. The Canadian statistics show that 1 in 2 people will be diagnosed with cancer at some point in their life.

How can diet be helpful in cancer prevention and what can we say about diet to someone diagnosed with cancer or undergoing cancer treatment?

COURSE OBJECTIVES

Every homeopath and holistic practitioner must develop a basic understanding of the role of nutrition in health and disease. This course aims to teach you how working with the diet can contribute to the healing process.

LEARNING OUTCOMES

After successful completion of this course, you will be able to integrate nutrition and nourishment as a modality in your practice. Among others, you will know:

- Ways to use diet in the healing process;
- Relationship between dietary components and disease;
- The most important considerations when choosing a diet;
- The indicators that show the impact of the diet.

FORMAT

Nutrition in the Homeopathic Practice is a mixed online and supervision course. There are extensive handouts, charts and audiovisual recordings of live teachings. The course includes two one-hour supervision sessions for the nutritional supervision of cases.

COURSE EVALUATION

Evaluation is based on quizzes and the case studies presentation as follows.

- Unit quizzes (4): 50% of the final grade
- Case studies (2): 50 % of the final grade

RESOURCES

- Ballentine, Rudolph. *Diet & Nutrition: a holistic approach*. Honesdale: The Himalayan Institute Press, 2007. ISBN: 9780893890483
- Colbin, Annemarie. *Food and Healing*. New York: Ballantine Books, 1986. ISBN: 0345303857
- Pitchford, Paul. *Healing With Whole Foods: Asian Traditions and Modern Nutrition*. North Atlantic Books; 3rd edition, December 2002. ISBN: 9781556434303
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Deontology

30 COURSE CREDITS / 3 CEU

COURSE CODE: D

PREREQUISITE: None

This practical course teaches the homeopath's and holistic practitioner's duties and standard of practice under current regulations.

The Deontology course teaches the terminology related to the ethics of your practice. Deontology is concerned with the obligation or duty of one's actions and the term is used to refer to the duties of a professional towards the public, towards their clients and towards the profession itself. Most professions in which human interaction is central, have a Code of Ethics (English) or "Code de déontologie" (French). The words deontology and ethics are used interchangeably, even though they don't have the exact same meaning. The course will look in-depth at the Homeopath's duties and Homeopathy's Standard of Practice, as well as the type of practices that avoid potential conflicts and liabilities.

COURSE OBJECTIVES

Every homeopath and holistic practitioner must have an understanding of the guiding principles of a professional practice. These principles inform a practice of integrity, with the clients' best interests as a central focus.

LEARNING OUTCOMES

After successful completion of this course, the student should be able to understand and explain the standards and ethical framework of their homeopathic practice. They will have integrated the following:

1. The duties of the professional homeopath towards the public, their clients and the profession
2. The duty to monitor their own conscious or unconscious expectations, projections and desires in order to always put the client's best interest first
3. To practice the art and science of homeopathy in its purity, with devotion, confidentiality, and discretion, without commercialism or the exploitations of those in distress
4. How to ensure that competence and integrity are maintained throughout their professional life

FORMAT

Deontology is an online self-study course with handouts, integration exercises and materials from different regulatory bodies.

COURSE EVALUATION

- Unit quizzes (3): 100% of the final grade

RESOURCES

- *Deontology and Ethics Codes from various homeopathic and naturopathic professional associations and regulatory bodies.*

Business

20 COURSE CREDITS / 2 CEU

COURSE CODE: B

PREREQUISITE: None

The MICH Business course is specific to opening a practice as a Holistic practitioner. It provides you with the basics of getting your business up and running. It will bring you through a process of getting clear on what kind of clientele you want to work with, and how you want to work, thus creating a foundation for all your marketing and sales materials. It also includes what you need to know and do to set up, operate and maintain your business, including financial administration and client administration. This course is usually a requirement for most professional associations.

FORMAT

Business is an online self-study course. The course consists of 2 units, each with various subunits.

COURSE EVALUATION

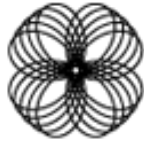
- Final Exam: 100 % of final grade

RESOURCES

- *MICH Therapeutic tools.*
- *Story Brand*

MICH ACCREDITATION, RECOGNITION AND AFFILIATIONS

*Amongst the many with whom our teaching
team, alumni, graduates and interns work,
and support:*



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