

The School of Natural Health Facilitating Holistic Consciousness

# Holistic Practitioner Program

CERTIFIED AND ACCREDITED PROFESSIONAL TRAINING

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## Be an Integrative, Holistic, Therapeutic Professional Practitioner

When you graduate, you will be awarded a diploma as a Holistic Practitioner as well as fully accredited homeopathic and naturopathic diplomas. MICH's high standard of teaching is recognized internationally.

The program consists of a Foundation Level, which you can enroll in with Level One, followed by Levels Two and Three. This multidimensional program will not only provide you with a solid foundation as a Holistic therapist with an integrated approach as a professional homeopath and naturopath but is also transformative, enlightening and personally meaningful.

Clinical practice begins right away. During the program, a full spectrum of possible situations, clients and conditions will be seen. In the Level Three Supervised Internship, personal mentorship is offered throughout as you enter your own case taking and write-ups of 55 cases.

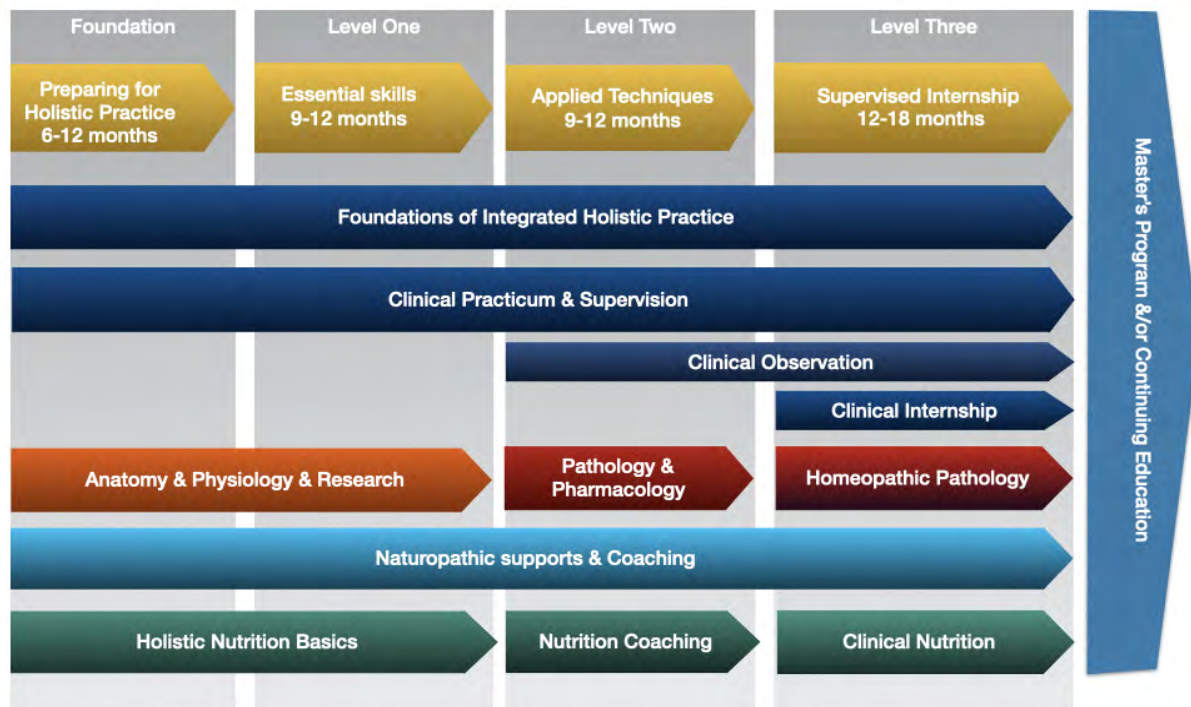
## Four Levels of Mastering your craft

1. FOUNDATION LEVEL: ESSENTIAL KNOWLEDGE
2. LEVEL ONE: ESSENTIAL SKILLS
3. LEVEL TWO: APPLIED TECHNIQUES
4. LEVEL THREE: SUPERVISED INTERNSHIP

## Four Fully Integrated Streams of Training

In order to ensure that you fully integrate the essential skills to become a successful holistic therapist, therapeutic expertise is interwoven with hands-on, supervised clinical practice, exploring human health sciences, applying naturopathic supports, developing coaching and case taking skills, and learning holistic nutritional intervention from the onset. The chart below provides an overview of how each stream is taught in parallel and with the other streams throughout the four levels of training.

### MICH Holistic Practitioner Program Overview Chart



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## THREE DIPLOMAS IN ONE PROGRAM

Unlike other schools, MICH has developed an integrated therapeutic homeopathic and holistic methodology (the MICH Method) that incorporates the leading edge of bio-energetic medicinal research to bring homeopathy to its full potential. MICH provides a complete system of understanding that not only reveals the root cause to be treated homeopathically, and how the healing response gets activated with a well chosen homeopathic remedy, but also how to apply individualized treatment to fully support all stages of the healing process with coaching techniques, diet, and naturopathy.

Our LEADING-EDGE INTEGRATIVE MEDICINE training provides graduates with THREE Diplomas from one fully integrated program that seamlessly combines Holistic Therapeutic Coaching, Homeopathy and Naturopathy.

### DIPLOMA IN HOLISTIC PRACTICE

The Diploma in Holistic Practice certifies that you have become skilled in numerous complementary healing arts, and you have mastered your craft through hours of personalized apprenticeship with experienced practitioners enabling you to truly address the whole individual in the way that that individual requires in order to transform their lives.

You learn how to create and engage the client in an integrated program unique to your client. Not a protocol, not something off-the-shelf, instead, an effective program that is uniquely suited to their needs.

A Diploma in Holistic Practice goes beyond the conventional training of a life coach, it involves learning how to transform our lives, how to redefine the relationship with the concept of self so that it becomes healthy, wholesome and holistic, and most importantly how to evolve and grow to our full potential.

Anxiety and depression are two examples of symptoms related to a deeper issue. They, like most of the challenges facing people today, involve unhealthy stress in many forms as well as personal and social stress: how I see myself and how I think others see me.

Chronic disease in all of its forms requires a holistic approach with a complete system of understanding. Diet, lifestyle and meditation are important parts of any transition, but programs need to be individualized, and adapted to each person's particular needs.

Transition must be supported energetically with a unique energetic signal provided by homeopathy that reinforces the transformation from a deep understanding of the unique expression to allow that uniqueness to be expressed, without distortion, and come to full potential.

The obstacles and challenges to evolution and expansion are addressed with the full spectrum of possible supports that act on different dimensions. The MICH Holistic Practitioner knows how to apply a variety of therapeutic interventions according to the dimension on which the current challenge or obstacle appears, in a timely manner to support the changes during the transformation process with specific, individualized tools including diet and lifestyle that is suited to the individual

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expression. Where is support needed? In the organizing principle of the whole organism? Or in a specific system like the nervous system or the reproductive, endocrine or digestive systems? Or is it on a cellular level, such as cellular memory or how the mitochondria are metabolizing energy or coordinating primary stress responses?

The MICH Holistic Practitioner knows the specific level on which each intervention operates and how to apply each intervention in a holistic complementary way. When you graduate from the MICH Holistic Practitioner program you receive diplomas in the two key methods of interventions, the two branches of western medicine: homeopathy and naturopathy, which are meant to precede and complement allopathy, or the current conventional medical practice.

## CLASSICAL HOMEOPATHY DIPLOMA

Homeopathy is taught in a fully integrated approach that combines traditional wisdom with the leading edge: Quantum biology, Subtle energy fields, Body-mind research. MICH is the only homeopathy school that fully integrates all of the latest developments in homeopathy, and the only school where you will learn how to access all of Nature's Healing Vibrations. With the unique MICH Method, you are taught how to access over 5,000 homeopathic remedies in order to find the OPTIMAL, unique similimum to ensure successful treatment. Our homeopathic curriculum underscores the rich history of homeopathic theory and practice, and integrates all evidenced-informed practices necessary in today's changing world of integrative wellness.

In order to ensure appropriate understanding of the safe application of the principles of homeopathy, supervision is with live, real-time clients with you as the homeopath, with an emphasis on long-term case management. Our clinical training can be accessed from anywhere in the world.

Regular case submissions throughout your training provide essential experience in case analysis, prescription, and follow-up, and prepare you for your 55 final case submissions that are in the format required for certification with professional homeopathic accreditation boards. The homeopathic training you receive at MICH exceeds all of the requirements needed to be eligible for professional accreditation in classical unicist homeopathy internationally: such as the competencies set by the Association For International Homeopathic Certification (AIHC), the European Central Council Homeopathy (ECCH), the Council for Homeopathic Certification (CHC), the College of Homeopaths of Ontario (CHO), and others.

## HOLISTIC NATUROPATHY DIPLOMA

There are many dimensions that make the Holistic Naturopathy Diploma unique. Unlike the unfortunate misapplication of naturopathy to pathology, that many schools teach, the MICH naturopath knows how to use naturopathic interventions such as diet, lifestyle, herbs and other modalities to treat the individual as a whole, according to their unique requirements and not according to a one-size-fits-all protocol.

The difference in our approach is that we take well proven techniques to a much deeper dimension. For example, you will learn of the energetic movement that the Bach Flower essences address, the deeper motives and the mental archetypes that belong to each essence as well as practical training on how to prescribe them. In that course, you learn what to observe in a cat versus a dog, a bird or a

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horse; What to observe in a baby versus a newborn or a child or an adult; and what the essence will support energetically.

The MICH Naturopath learns to use herbology in a way that avoids contraindications with pharmaceutical drugs or other herbs or supplements the client might take, and addressing the deeper, energetic root cause of disease without the negative side effects sometimes associated with herbs, such as: discomforts caused by putting demands on the liver, and other digestive organs.

We use dietary counseling not only to supply necessary nutrition for specific kinds of disease states, but also to empower clients to better their health by providing a safe space to explore all aspects of their well-being, applying holistic, personalized dietary guidance and other MICH core concepts for a deeper understanding of health. MICH takes an integrative and holistic approach to health, looking beyond food to consider other areas of life that need nourishment, like career, physical activity, and relationships.



Christiane Magee, DHom, DHP, ND  
MICH Facilitator, Supervisor

Christiane is a MICH graduate who supports all our MICH students and interns. She has an extensive background in business which she shares with MICH students and grads to help them get their practices off the ground.



Suzana Da Costa, DHom, ND, DHP,  
MICH Online Learning Coordinator, Facilitator,  
Supervisor

Suzana is a MICH graduate and a Massage Therapist with extensive Therapist-Client relationship experience from which she draws when facilitating and supporting students throughout their MICH training.

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# Four Levels of Training

## FOUNDATION LEVEL

The Foundation Level will accompany you through the most important paradigm shift of the last century. The ever-growing, ever-evolving understanding of Holism is our grounding, our philosophy, and our metaphysics. It is the foundation and cornerstone of the MICH Noumedynamic Method. Holism is much more than a concept, a philosophy or a way of practicing. Holism answers the questions that science alone or philosophy alone cannot. Questions that are central to life, health and well being both personally and professionally. Questions such as: What is life? What drives evolution? What is the ultimate expression of the human being?

The Foundation Level courses have no prerequisites and can be taken as individual courses by independent students.

### FOUNDATION LEVEL | Completion: 6 - 12 months

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Discover Holism	History of Medicine and Homeopathy
Applied (Noumedynamic) Holistic Health	Anatomy & Physiology
First Aid Homeopathy	Research in Homeopathy
Holistic Nutrition Basics	Clinical Practicum (Introductory)

## LEVEL ONE: ESSENTIAL SKILLS

Level One is an exciting exploration and grounding in the philosophy and the central principles of the MICH practice involving multiple dimensions of life and consciousness. An insightful understanding of the true cause of suffering and disease forms the foundation of the MICH method. A method that uses the most advanced techniques in the field of holistic health care and homeopathy.

### LEVEL ONE | Completion: 9 - 12 months

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Foundation Studies in Classical Unicist Homeopathy comprised of the following:

- Foundations of Holistic Practice Level One
- Materia Medica and Pharmacopeia Level One
- Homeopathic Principles, Practice Methodology Level One
- Clinical Practicum (Listening, Communication skills and Client assessment)
- Tissue Salts and Oligosols

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## LEVEL TWO: APPLIED TECHNIQUES

At MICH you not only learn about the central pillar of healing, unicist homeopathy, but you also learn about diet, meditation, naturopathic and homeopathic supports to aid in managing and reducing symptoms. These natural and supportive interventions complement the healing that is facilitated by the homeopathic similimum.

At MICH, in a seamless marriage of old and new, we take full advantage of modern advances in research all the while respecting ancient wisdom and the work of the masters to find the best similimum and provide the highest possible level of curative success.

### LEVEL TWO | Completion: 9 - 12 months

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Foundations of Holistic Practice Level Two  
Intermediate Studies in Classical Homeopathy  
Intermediate Clinical Practicum (Clinical practice and Client assessment)  
Materia Medica and Pharmacopeia Level Two  
Homeopathic Principles, Practice Methodology Level Two  
Pathology & Pharmacology  
BACH Flower Essences  
Nutrition Coaching  
Holistic Therapeutic Coaching

## LEVEL THREE: SUPERVISED INTERNSHIP

Level Three holds the emphasis on a holistic understanding of the human being and more importantly, learning to perceive what is unique to every individual. This level involves learning to apply important homeopathic tools such as the materia medica, repertorization in homeopathic practice, as well as the holistic therapeutic interventions and the skills in therapeutic MICH case taking learned in Level Two. By this time, you are well on your way towards establishing your own practice and in many jurisdictions students can register as Naturotherapists to issue insurance receipts.

In this level, Personal Guidance will be provided as you begin your own case practice in preparation for your clinical case submissions. Completing the required 55 cases brings competence, confidence, and assurance for the start of your practice.

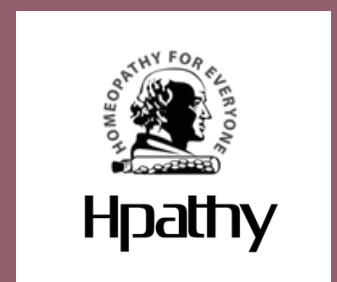
### LEVEL THREE | Completion: 12 - 18 months

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Foundations of Holistic Practice Level Three	Supervised Clinical Practice
Advanced Studies in Classical Homeopathy	Naturopathic Supports (applied)
Materia Medica and Pharmacopeia Level Three	Nutrition in Homeopathic Practice
Applied Principles, Practice Methodology	Clinical Intern Case Submission (55 cases)
Homeopathic Pathophysiology	Business Strategies and Marketing
	Deontology: Ethics and Jurisprudence

# MICH ACCREDITATION, RECOGNITION AND AFFILIATIONS

*Amongst the many with whom our teaching team, alumni, graduates and interns work, and support:*







The School of Natural Health  
Facilitating Holistic Consciousness

*Ready to start your journey?*

**Book a free holistic advisory session today.**



info@michmontreal.com  
1-514-486-2716

www.michmontreal.com